Ranking in the top 1% of US Realtors, Alison finished 169 out of 1,300,000 agents according to the Wall Street Journal’s Real Trend report. Considering buying or selling Truckee area real estate? Contact Alison today.

“Selling Truckee-Tahoe real estate is my passion and delivering exceptional results is always our focus. Thank you for your trust and confidence, Elder Group is at your service to buy or sell property in our beautiful mountain community.”

Alison Elder
Real Estate Advisor, Partner
530.582.8103
tahoe@alisonelder.com
eldergroupoahorealestate.com
alisonelder.evusa.com
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MAIN OFFICE HOURS:
Monday & Tuesday: 8am-5:30pm
Wednesday & Thursday: 9am - 5:30pm
Friday: 9am-5pm

Closed Weekends and
all Federal Holidays

10981 Truckee Way
Truckee, CA 96161
Phone: 530-582-7720
Fax: 530-582-7724

Tax ID # 94-1592837
Web Site: www.tdrpd.org
E-mail: info@tdrpd.org
Online Program Registration:
apm.activecommunities.com/tdrpd

BOARD OF DIRECTORS
Chairman: Mark Tanner
Vice Chairman: Jason Hansford
Secretary: Mark Wasely
Board Member: Kristin York
Board Member: Peter Werbel

Email a board member: board@tdrpd.org

BOARD MEETINGS
Open to Public
4th Thursday of every month
Starts: 6:00 pm
Community Recreation Center

LOVE WHERE YOU PLAY.
YOUR TRUCKEE LISTING & SALES SPECIALISTS
FIRST RATE MARKET KNOWLEDGE | HONEST ADVICE | STRAIGHT FORWARD COMMUNICATION

Val Videgain Team | Coldwell Banker Lake Tahoe Region
Valvidegain.com | CalBre 1494833
17400 Northwoods Blvd, Truckee, CA 96161
530.582.2400 Office  |  530.412.1671 Cell
Top 1% Sacramento-Tahoe 2012-2016
EXCEPTIONAL CARE BEGINS HERE

Offering Individualized, Patient-Centered Care

Advanced Fellowship-Trained Doctors

State-of-the-Art Imaging and Rehabilitation Services

Sports Medicine Doctors for Community Schools and Associations

Using the Most Advanced Technology and Latest Minimally Invasive Techniques for Shorter Stays

Total Joint Replacement With Custom-Designed Implants

One of the Only Hospitals in the Region Performing Direct Anterior Hip Replacement

State-of-the-Art Pain Control

Tahoe Forest Orthopedics & Sports Medicine

Exceptional Care Begins Here

A Service of Tahoe Forest Health System

Make an Appointment Today!

(530) 213-0225

www.tahoeorthopedicsandsports.com
Instructions
1. Go to tdrpd.org: Click on the ‘Online Registration’ link, or type: https://apm.activecommunities.com/tdrpd
2. Click on “Sign In and Enter Email”
3. If email not found, click on “Create Account” (please be careful not to create a duplicate account)
4. Register for activities:
   - Search by keywords, membership, or online codes provided in the Activity Guide.
   - Click the “Add to My Cart”
   - Click ‘Continue Shopping’ or ‘Proceed to Shopping Cart’
   - Repeat above steps to sign up for multiple programs.
5. Proceed to Checkout in My Cart:
   - In My CART you can add, edit, and remove programs and participants. *please note- if you only put on “wait list” then you are not actually registered for the program
   - Review Cart Items
   - Sign appropriate waivers.
   - Process payment
   Please note: The name and address must match those that are on file with your credit card company. If the address on your registration account is different from credit card, please click on “My Account” and change the residential address to the credit card billing address.

Once your payment has been approved, your receipt will display. Please print a copy of your receipt for your records. IF AN ACTIVITY IS FULL, YOUR NAME WILL BE PLACED ON A WAITLIST YOU WILL BE CONTACTED IN THE EVENT THAT A SPACE BECOMES AVAILABLE. If you do not want to be placed on the waitlist, click the “Remove” button on the My Cart screen.

POLICY INFORMATION

REGISTRATION POLICY:
The Truckee-Donner Recreation and Park District is dedicated to providing you with high quality recreation services and park facilities. Our trained staff is happy to assist you in finding a class, activity or facility to meet your needs. Payment is due in full at the time of registration/or when reservation is approved.

NSF POLICY – A license number for the person signing the check must be provided. A $25 fee will be assessed on all returned checks or credit card transactions and removed from the program.

REFUNDS/TRANSFER POLICY - Classes and Activities
• “A Refund Request Form” must be completed for all refunds, and can be found online at www.tdrpd.org
• Refund requests may be submitted along with receipt and completed refund request form via fax at (530) 582-7724, in person at the main office, or emailed.
• A $15 processing fee per participant per activity will apply for all refunds.
• A $5 processing fee per participant per activity will apply for all transfers.
• Participants may request a refund or transfer prior to the second class meeting for most classes unless otherwise noted in class description. Some restrictions may apply
• Outdoor classes may be re-scheduled by the District due to weather or other unforeseen circumstances. No refunds or credits will be issued if participant is unable to attend the re-scheduled class.
• No refunds will be given for one-time classes, trips, tours, special events, golf activities, food services, sports leagues, or non-attendance of the participant.
• Refunds will be issued to the original payer by check (for check or cash payments) or refunded to the original credit card (for credit card payments).
• Refunds for medical reasons of the participant must be supported by a doctor’s note and will be considered on a case by case basis.

CANCELLATION / REFUND POLICY – Facility Rentals
The Truckee-Donner Recreation and Park District must be given notice of any cancellation of a weekend or weekday rental as soon as possible. Cancellation fee will be strictly enforced.
• Booking fee charged for each facility rental is always non-refundable/non transferable. All fees due 60 days in advance.
• If canceled 60 days or more from the rental date, 50% of the rental fees will be retained, and 50% of the rental fees will be refunded. If canceled less than 60 days, 100% of the rental fees will be retained, and 0% of the rental fees will be refunded
• Rentals are rented in areas where the weather is unpredictable. The District is not responsible for weather conditions and effects it may have on scheduled events at a rented facility. No refunds will be issued because of poor weather unless the facility is closed by the District.

RETRUN/REFUND POLICY – (TDRPD Summer Camps & Kids Camps)
• A $5 processing fee per participant transfer will apply to ALL transfers within camps.
• Camp fees paid may be transferred to future sessions of the same camp if space is available, as long as you contact the TDRPD office by Tuesday, the week prior to the week being changed, excluding exceptions such as overnight and pre-paid trips, which are non-refundable and non-transferrable
• 50% of the camp fees will be refunded if you are unable to move your dates.
• No refunds or credits will be given to any cancellation from the Wednesday before the week in question, including sickness.
• Credits not used by the end of camp will be forfeited to that camp.
• If a child’s age is misrepresented in order to get into a class, the child will be withdrawn and 0% of the fee will be refunded.

MEMBERSHIP, PASSES AND PUNCH CARD SALES POLICY
• All sales of Memberships, punch cards and passes are final. No refunds allowed.

CREDIT CARDS:
Visa, Mastercard, Discover, American Express accepted. You can fill out a Credit card authorization form and fax or email it to the office.

TDRPD RESIDENCY INFO:
You DO NOT have to be a resident in order to attend classes, or use our facilities, however, for discounts on certain memberships or rentals, please show CURRENT legal ID. District boundaries are the Nevada County portions from Floriston to the Summit. Residency status for our Truckee Donner Community Swimming Pool can be identified by viewing an ID with one of the following zip codes: 95728, 96140, 96141, 96161, 96168, 96160, 96161, and 96162.

SATISFACTION GUARANTEED:
We want everyone to be satisfied with our programs. If you are unhappy with any of our programs for any reason, we urge you to contact our office at 530-582-7720 right away. We have instituted an evaluation program for all of our classes - we want to hear from you!

NON-ENDORSEMENT POLICY:
Contract Instructors are recruited by Truckee-Donner Recreation & Park District because they have a special skill or expertise which they are willing to share with the community. TDRPD does not endorse the opinions or business affiliations of our instructors.

REGISTRATION CONFIRMATION:
We will email a receipt to you if you include your email on your registration form. If the class you have chosen is changed or cancelled or is full, we will call you. If you do not hear from us, you should attend the class as scheduled or you may call us to confirm.

MATERIAL FEES:
Please pay all materials fees (if applicable) directly to the instructor at the first class meeting.

Call 530-582-7720 for more information or questions regarding our policies.
TRUCKEE RIVER REGIONAL PARK

SKATE PARK
BALL FIELDS
AMPHITHEATER Capacity 2000
18 HOLE DISC GOLF
SAND VOLLEYBALL
CHIEF TRUCKEE LAWN
SUMMER CAMPS
ICE RINK
BASKETBALL COURT
LEGACY TRAIL ACCESS
PLAYGROUND
RODEO GROUNDS Capacity 5000
RODEO PICNIC Capacity 50
2 TENNIS COURTS
GOLF NETS
BATTING CAGES
LOWER RIVER BBQ Capacity 250
LEISURE AREA BBQ Capacity 250+

10500 Brockway Rd.
Truckee CA 96161
530-582-7720
Open from:
YEAR ROUND (WEATHER DEPENDENT)
TRUCKEE ICE RINK

PUBLIC SKATING
SKATE RENTALS
SNACK BAR
SKATE LESSONS
DANCE LESSONS
BROOMBALL LEAGUES
POND HOCKEY
WARMING HUT RENTAL

ICE RINK FEES  (SUBJECT TO CHANGE)

RESIDENT DAILY
Adult: $7
Youth/Senior: $6

NON-RESIDENT DAILY
Adult: $9
Youth/Senior: $8

RESIDENT SEASON PASS
Adult: $60
Youth/Senior: $50

NON-RESIDENT SEASON PASS
Adult: $75
Youth/Senior: $65

SKATE RENTALS:
$3

SKATE SHARPENING IS AVAILABLE

ICE RINK HOURS SUBJECT TO CHANGE OR CLOSURE DUE TO WEATHER.
Go to www.tdrpd.org for the most up-to-date calendar.

WARMING HUT RENTAL
Winter birthday? Have your party at the rink! We have a package that includes: WARMING HUT and HOT COCOA for up to 10 kids.
Days: Wed/Fri/Sat/Sun during public skate times
Rental Fee: $40 per hour
(Admission and Skate Rentals not included.)
Call for more information about Full Ice Rink Rentals.

ICE SKATING LESSONS
INSTRUCTOR: Kent “Gus” Gustafson
This program is designed for both boys and girls, with an emphasis on fun and instruction.

<table>
<thead>
<tr>
<th>Days/Time</th>
<th>Fee</th>
</tr>
</thead>
</table>
| Fri. & Sat.       | $35 per session
                    | $15 drop-in          |
| FRIDAYS           |                      |
| 3:30-4pm          | Parent & Tot
                    | Ages 3-6             |
| 4-4:30pm          | Beginner
                    | Ages 5+               |
| 4:30-5pm          | Intermediate 1
                    | Ages 5+               |
| 5-5:30pm          | Intermediate 2
                    | Ages 5+               |
| 5:30-6pm          | Adult
                    | Ages 18+              |

| SATURDAYS         |                      |
| 10am-10:30am      | Parent & Tot
                    | Ages 3-6             |
| 10:30-11am        | Beginner 1
                    | Ages 5+               |
| 11-11:30am        | Beginner 2
                    | Ages 5+               |
| 11:30-12pm        | Intermediate
                    | All Ages              |

ICE DANCING LESSONS
INSTRUCTOR: Kent “Gus” Gustafson
Ice Dancing Lessons are for intermediate and better skaters. Come out and learn the beautiful sport of Ice Dancing. No partner needed—men are encouraged to attend. We will start with basic steps, then put them together as we learn beginning dances like the Canasta Tango, Rhythm Blues and Dutch Waltz. Lessons are 30 minutes.

<table>
<thead>
<tr>
<th>Ages: 13+</th>
<th>Location: Truckee Ice Rink</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Online Codes</td>
</tr>
<tr>
<td></td>
<td>S1 12507</td>
</tr>
<tr>
<td></td>
<td>S1 12504</td>
</tr>
<tr>
<td></td>
<td>S2 12508</td>
</tr>
<tr>
<td></td>
<td>S2 12505</td>
</tr>
<tr>
<td></td>
<td>S3 12509</td>
</tr>
<tr>
<td></td>
<td>S3 12506</td>
</tr>
</tbody>
</table>

PRIVATE ICE SKATING LESSONS
INSTRUCTOR: Kent “Gus” Gustafson

PRIVATE POWER SKATING LESSONS
INSTRUCTOR: Erika Smakulski
30 minute lessons are available for $40.
Learn to power skate! Designed for Hockey players or anyone who wants to learn to skate or improve their power skating skills outside of practice.
Please contact the front office for scheduling information: 530.582.7720 or info@tdrpd.org
FITNESS CENTER
INDOOR TRACK

FREE WEIGHS
1/12 MILE INDOOR TRACK
MACHINES
TREADMILLS
STATIONARY BIKES
STRETCHING MACHINES
BOSU BALLS

FALL/WINTER HOURS
Monday-Friday: 6am - 8pm
Saturday: 8am - 1pm
Sunday: 8am - 12pm

AGE REQUIREMENTS
• 10+ to use the running track only (under adult supervision)
• 14+ to use equipment and track (under adult supervision)
• 16+ to use full facility unsupervised

FITNESS FEES
(Increasing Jan. 1, 2020)

<table>
<thead>
<tr>
<th></th>
<th>MONTHLY</th>
<th>QUARTERLY</th>
<th>ANNUAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Resident:</td>
<td>$78</td>
<td>$187</td>
<td>$562</td>
</tr>
<tr>
<td>Adult Non-Resident:</td>
<td>$96</td>
<td>$230</td>
<td>$691</td>
</tr>
<tr>
<td>Youth(10-17) Resident:</td>
<td>$54</td>
<td>$130</td>
<td>$389</td>
</tr>
<tr>
<td>Youth(10-17) Non-Resident:</td>
<td>$72</td>
<td>$173</td>
<td>$518</td>
</tr>
<tr>
<td>Sr.(62+) Resident:</td>
<td>$60</td>
<td>$144</td>
<td>$432</td>
</tr>
<tr>
<td>Sr.(62+) Non-Resident:</td>
<td>$78</td>
<td>$187</td>
<td>$562</td>
</tr>
</tbody>
</table>

DROP IN
MONTH | QUART. | ANNUAL
---|-------|-------|
Adult Resident: | $6   | $42   | $100  | $302  |
Adult Non-Resident: | $7   | $49   | $118  | $353  |
Youth(10-17) Resident: | $4   | $28   | $67   | $202  |
Youth(10-17) Non-Resident: | $5   | $35   | $84   | $252  |
Sr.(62+) Resident: | $5   | $35   | $84   | $252  |
Sr.(62+) Non-Resident: | $6   | $42   | $100  | $302  |

FITNESS CENTER
10981 Truckee Way
Truckee CA 96161
Track Phone: (530)550-4458
Track Email: fitness@tdrpd.org
Open:
YEAR ROUND

SWIM & GYM
COMBO PASS

10981 Truckee Way
Truckee CA 96161
Track Phone: (530)550-4458
Track Email: fitness@tdrpd.org
Open:
YEAR ROUND

SWIM & GYM
COMBO PASS

10981 Truckee Way
Truckee CA 96161
Track Phone: (530)550-4458
Track Email: fitness@tdrpd.org
Open:
YEAR ROUND

SWIM & GYM
COMBO PASS
10 Lanes - 25 Yards Long
Diving Board
Rope Climb
Splash Features
Current Channel
2 Slides
Water Volleyball
Party Room
Outdoor BBQ Patio

**Pool Closed**
for annual maintenance
8/19 - 9/4

11 visits for the price of 10
Adult Resident: $70
Adult Non-Resident: $90
Youth Resident: $50
Youth Non-Resident: $70

**Facility Rules**
*Swim Testing - Children under 14 will need to pass our swimming test if they want to swim without a life vest. Test includes a 25 yard swim followed immediately by 1 minute of treading water. Testing will take place every hour on the hour.*

**Diaper Policy** - We require snug fitting reusable swim diapers with elastic on top and legs for all children 3 and under. No disposable diapers allowed. Diapers are available for purchase at the pool.

Minimum Day pool opening - The pool will be open beginning at 1pm on TTUSD Minimum Days: 9/18, 10/28-11/1, 12/4, 2/5, 3/4, 5/6 and 6/24

**The pool will be open the entire day (6am-7pm) during TTUSD Vacation Weeks: Thanksgiving, Winter Break, Ski Skate Week, Spring Break**

Open Swim times in the lap pool include diving board, rope climb and 3-8 lap lanes available.

Ask a lifeguard between 6-7pm for lap pool open swim.

**Check the Google Calendar for detailed schedule updates at www.tdrpd.org**

Mon.-Fri. | Saturday | Sunday
---|---|---
6am - 12pm Lap | 7am - 9am Lap | 7am - 9am Lap
10am - 12pm Lap/Open | 12pm - 6pm Lap/Open | 12pm - 6pm Lap/Open
3pm - 7pm Lap/Open | | 12pm - 6pm Lap/Open

Open: YEAR ROUND

Lessons pg. 31-32
Youth Programs pg. 33
Adult Programs pg. 34

Check the Google Calendar for detailed schedule updates at www.tdrpd.org
**INDOOR CLIMBING WALL**

**29’ WALL**
**4 AUTO BELAYS**
**ROUTES FROM 5.5 - 5.12**

**12’ X 18’ BOULDERING WALL**
**WITH PROBLEMS VB-V6**

**OPEN TO PUBLIC HOURS:**
Mon. - Thurs. 6:15pm-8pm

**CLIMBING FEES:**
$7.50 drop-in
$55 for a 10 visit punch card

Rentals: $2 - Harness $3 - Shoes

Use our Auto Belays OR get certified to belay your climbing partner.
Ages: 5 to Adult
Minors must be accompanied by an adult.

**SCHOOL FIELD TRIPS**
Tell your teacher that they can bring the whole class for a fun 2 hr. field trip to use the Climbing Wall.
$6 per student, minimum of 20 kids.
Please call 530-550-4451 to reserve.

**CLIMBING PARTIES**
Have an exciting party at the climbing wall!
Set up your 2 hour party at least 2 weeks in advance.
Days: Saturdays or Sundays
Times: 11am-1pm or 1:30-3:30pm
Fees: 6-12 participants: $200
13-18 participants: $225
Ages: 5 - Adult
Includes harness, auto belays and staff belayers.
Must wear clean dry shoes. Climbing shoes are not included.

Pre-registration required for all parties.
Register online or call 530-582-7720
Email: angelo@tdrpd.org or 530-550-4451

**4 TRUBLUE AUTO BELAYS:**
Don’t have a belayer or don’t know how to belay?
Use one of our 4 auto belay systems.
COMMUNITY RECREATION CENTER

10981 Truckee Way
Truckee CA 96161
530-582-7720

Open:
YEAR ROUND
Opened on December 5, 2009.
40,000+ square ft.

GYMNASIUM  Capacity 1400
• 6 BASKETBALL HOOPS
• 4 PICKLEBALL COURTS
• 2 VOLLEYBALL COURTS

FITNESS CENTER
INDOOR TRACK
CLIMBING WALL
ART GALLERY
PRESCHOOL
AFTER SCHOOL CARE
KITCHEN (COMMERCIAL)

MEETING ROOMS  Capacity 250
• Ability to section off room for smaller groups

DANCE ROOM
ART GALLERY
OPEN LAWN AREA
ART EXHIBIT
PUBLIC WIFI

MEETING ROOMS
Capacity 250
• Ability to section off room for smaller groups

FITNESS CENTER
INDOOR TRACK
CLIMBING WALL
ART GALLERY
PRESCHOOL
AFTER SCHOOL CARE
KITCHEN (COMMERCIAL)

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GYMNASIUM
Capacity 1400
• 6 BASKETBALL HOOPS
• 4 PICKLEBALL COURTS
• 2 VOLLEYBALL COURTS

CONFERENCE ROOM
MEETING ROOMS
Capacity 250
• Ability to section off room for smaller groups

BUILDING HOURS:
Mon. - Fri.: 6am - 8pm
Sat.: 8am - 1pm
Sun.: 8am - 12pm

FITNESS CENTER
INDOOR TRACK
CLIMBING WALL
ART GALLERY
PRESCHOOL
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KITCHEN (COMMERCIAL)

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Capacity 1400
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ART GALLERY
OPEN LAWN AREA
ART EXHIBIT
PUBLIC WIFI

CONFERENCE ROOM
MEETING ROOMS
Capacity 250
• Ability to section off room for smaller groups

BUILDING HOURS:
Mon. - Fri.: 6am - 8pm
Sat.: 8am - 1pm
Sun.: 8am - 12pm
COMMUNITY ARTS CENTER

10046 Church St.
Truckee CA 96161
530-582-7720
Open:
YEAR ROUND BASED ON PROGRAMING

AUDITORIUM Capacity 265
THEATER/STAGE
MOVIE SCREEN & PROJECTOR

KITCHEN
WET BAR
PROSSER ROOM Capacity 40
DONNER ROOM Capacity 45
TRUCKEE ROOM Capacity 40
CASTLE PEAK Capacity 45
SAGEHEN STUDIO Capacity 40

LAWN
PLAYGROUND
PUBLIC WIFI

BUILDING HOURS
Mon. - Fri.: 9am-8pm

MOVIE PREMIERES
Have a movie premiere in the Auditorium. Connect to our theater sized HD projector screen with surround sound audio. A Wet Bar and/or Kitchen is also available for food and drinks.

Perfect for movie premieres, birthday parties, presentations and more.
This park features five multi-sport fields including: a regulation baseball field (no lights), non-traditional playground area, bocce ball courts, Pump Track, several picnic tables, a covered picnic shelter, and the western end of the existing Legacy Trail.

The pump track is actually five tracks in one: a traditional pump track, a pump park, dirt jumps, flow lines, drop zone, and dual slalom for all ages and abilities.
Please bring current vessel registration and inspection certificates for all boats for season passes. You will need to pay to park if you are not launching.

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Daily Pass</th>
<th>Season Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>CA Residents:</td>
<td>$13</td>
<td>$105</td>
</tr>
<tr>
<td>Out of State:</td>
<td>$18</td>
<td>$150</td>
</tr>
<tr>
<td>Commercial:</td>
<td>$21</td>
<td>$175</td>
</tr>
<tr>
<td>Parking Only:</td>
<td>$6</td>
<td></td>
</tr>
</tbody>
</table>

($50 additional vessel registered to same person.)

Use of Fish Cleaning Station is $5 when not paying launch/parking fee.

• Current boat registration required for season pass.
• Passes DO NOT include inspection fees.

Donner Lake, CA 96161
530-582-7720
Open: YEAR ROUND

37 public piers dot the north shore of Donner Lake (look for markers). Enjoy fishing, boating, and taking in some sun. Restroom facilities are located at Shoreline Park or the Boat Ramp. Please share the piers and remove trash.
WHAT WE DO:
Playground
Grass Area
Lake/Beach

WHY GO HERE:
Free
Family Play

OBJECTIVES:
Build up the Website to show more photos and information about these parks.

FLORISTON, SHORELINE, BILL ROSE, MEADOW PARKS

OPPORTUNITIES:
Increase rentals at these locations

TACTICS:
Better Website & Info on the site
Cross Promotion
Better Signage
Photos/Video
Activity Guide Distribution
Surveys
Flyers & Rack cards in hotels & visitor centers
Ads
Contests

Gym
Stage
Kitchen
Rooms

WHY GO HERE:
Group Events & Parties
Community Events
Historic
Soccer
Ping Pong

TACTICS:
Better Website & Info on the site
Flyers & Rack cards in hotels & visitor centers
Activity Guide Distribution
Cross Promotion
Ads
Contests
Photos/Video
Surveys
Better Signage

VETERANS BUILDING

10214 High St.
Truckee CA 96161
530-582-7720
Open: Year Round

GLENSHIRE
BILL ROSE
MEADOW PARKS

10990 Dorchester Dr.
This six acre park is adjacent to Glenshire Elementary School. Amenities include one youth baseball/softball field and open grass for soccer fields.

Tahoe Dr. & Spring Lake
A small neighborhood park with playground. Not reservable.

10115 Donner Trail Rd.
Located behind the PUD building, this park features ball fields, a playground, picnic area and open grass for play.

FREE ACCESS
MULTI-USE SPORTS FIELDS
PICNIC TABLES
BBQ
PLAYGROUNDS
2019 RATES

ADULT (18 - 61)
9 Holes  18 Holes  Season Pass  Twilight
$36  $56  $540  $26

SENIOR (62+)
9 Holes  18 Holes  Season Pass  Twilight
$28  $46  $525  $26

JUNIOR (13 - 17)
9 Holes  18 Holes  Season Pass  Twilight
$28  $46  $210  $16

YOUTH (2 - 12)
9 Holes  18 Holes  Season Pass  Twilight
$28  $46  $135  $16

CARTS
9 Holes  18 Holes  Club Rental:  $20
$20  $28  Pull Cart Rental:  $3

TWILIGHT SEASON PASS  $300  
(2019 Rate)

FAMILY PASSES  (2019 Rates)
First 2 People, Base Rate:  $975
Add Adult Dependent +:  $430
Add 13-17 +:  $190
Add 12 & Under +:  $115

Season passes can only be purchased at the Ponderosa golf shop.

MEN’S LEAGUE
DAYS: Tuesdays
TIME: 3:30pm
FEES: $75/season
Covers NCGA fees
Come every week or when you can. Players of all ability levels are invited to attend. Various formats are used every week. Members pay normal greens fees to play golf.

WOMEN’S LEAGUE
DAYS: Thursdays
TIME: 3:30pm
FEES: $20 per tee time

PONDEROSA GOLF COURSE

9 HOLES
HITTING STATIONS
PUTTING GREEN
CHIPPING AREAS
PRO SHOP
SNACK BAR
CARTS & PULL CARTS

10040 Reynold Way
Truckee CA 96161
530-587-3501

Open from:
APRIL - OCT.

FAMILY PASSES  (2019 Rates)
First 2 People, Base Rate:  $975
Add Adult Dependent +:  $430
Add 13-17 +:  $190
Add 12 & Under +:  $115

Season passes can only be purchased at the Ponderosa golf shop.

MEN’S LEAGUE
DAYS: Tuesdays
TIME: 3:30pm
FEES: $75/season
Covers NCGA fees
Come every week or when you can. Players of all ability levels are invited to attend. Various formats are used every week. Members pay normal greens fees to play golf.

WOMEN’S LEAGUE
DAYS: Thursdays
TIME: 3:30pm
FEES: $20 per tee time
This 10-acre day-use beach is located on the West Shore of Donner Lake. Reservations are accepted at least two weeks in advance. American Red Cross Certified Lifeguards supervise the designated swim area.

• **LIFEGUARDED WATERFRONT**
  May – August
  (Residents with prepaid tickets only on July 4th)
  Weekends only in May and September
  Picnic Sites and Beach Pavilion reservations must be made at least two weeks in advance.

• **BEACH PAVILION**
  Featured as a top Tahoe wedding and events destination.

• **EQUIPMENT RENTALS** (2020 Rates)
  Credit card deposit is required on all rentals
  Rentals available from 9am – 5pm

<table>
<thead>
<tr>
<th></th>
<th>1hr.</th>
<th>4hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paddleboats:</td>
<td>$32</td>
<td>$115</td>
</tr>
<tr>
<td>Double Kayak:</td>
<td>$27</td>
<td>$95</td>
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<tr>
<td>Single Kayak:</td>
<td>$22</td>
<td>$75</td>
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<tr>
<td>Standup Paddleboard:</td>
<td>$27</td>
<td>$95</td>
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<tr>
<td>Performance Standup Paddleboard:</td>
<td>$32</td>
<td>$115</td>
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<td>Sailboat:</td>
<td>$37</td>
<td>$135</td>
</tr>
<tr>
<td>Innertubes:</td>
<td>$6</td>
<td></td>
</tr>
</tbody>
</table>

**DAILY BEACH ADMISSION** (2020 Rates)
  Adult (18–61): $6
  Youth (1-17): $5
  Senior (62+): $5

**SEASON BEACH PASS**
  Adult $60 / Child $50 / Senior $50
  Available for purchase at beach during open hours except for Sat. and Sun. before 1pm.

**PIER THIRTY-ATE**
  Hot dogs, sausages, snacks, smoothies, salads, ice cream, candy, drinks, nachos and more

**BOAT STORAGE**
  Storage racks are located at the West End Beach on Donner Lake for kayaks and other small boats, including one-man outrigger canoes and rowing sculls.
  You can rent for the season at a discount price, or pay by the calendar month. Must provide your own locks, cables, and signed release. One boat per storage unit.
  No security provided. No overhang allowed.

**SEASON:** May 1 - September 30 (5 months)

**REGISTRATION:**
  Returning renters in the same spot - April 16
  All new renters - May 1

**2020 FEES:** $119 season, $30/month
*Does not include admission to West End Beach during business hours.*
Maintenence, Repairs & Improvements

RIVERVIEW SPORTS PARK FIELD #2

12 NEW DONNER LAKE PUBLIC PIERS

COMMUNITY ART CENTER IMPROVEMENT OF EXTERIOR SIDING

COMMUNITY ARTS CENTER NEW FLOORING & STAINLESS STEEL DOORS

REGIONAL PARK SMALL BALLFIELD SCORE SHED REPLACEMENT

DONNER LAKE BOAT RAMP RAILING
OUR COMMITMENT TO AFFORDABILITY & INCLUSION FOR ALL!
INSPIRING CREATIVE, ACTIVE LIVES FOR A HEALTHY MOUNTAIN COMMUNITY

RENTALS

COMMUNITY ARTS CENTER
• AUDITORIUM WITH STAGE, MEETING ROOMS, MOVIE SCREEN

COMMUNITY POOL (INDOOR)
• PARTY ROOM, OUTDOOR PATIO, ENTIRE POOL RENTAL

COMMUNITY RECREATION CENTER
• GYMNASIUM, MEETING ROOMS, CLIMBING WALLS, KITCHEN

MEADOW PARK
• MULTI-USE FIELD, PICNIC SITES

PONDEROSA GOLF COURSE
• GROUP TOURNAMENTS, SPECIAL EVENTS

RIVER VIEW SPORTS PARK
• PICNIC/BBQ SITES, MULTI-USE FIELDS, BOCCE COURTS

SHORELINE PARK
• PICNIC/BBQ SITES

TRUCKEE RIVER REGIONAL PARK
• PICNIC/BBQ SITES, BALLFIELDS, WEDDING VENUE

VETERANS HALL
• GYMNASIUM, STAGE, MEETING ROOMS, KITCHEN, OVERNIGHT ROOMS

WEST END BEACH
• PICNIC/BBQ SITES, PAVILION, WEDDING VENUE

SCHOLARSHIPS FOR FINANCIAL ASSISTANCE
Available programs include:
Youth Basketball, Hockey, Softball, & Volleyball
Youth Art Programs
Learn to Ski/Buddy Werner
Climbing Wall Classes
Kids Korner & Before School
Transition Program
Holiday Camps & Snow Days
Specialty Sports Camps
Preschool
Summer Camps
Swimming Lessons
Lifeguard Training
Junior Lifeguard Camp
Swimming Pool Passes
Fitness Center Passes
Ice Rink Passes
West End Beach Passes

TO APPLY:
Visit the main office at the Community Recreation Center
10981 Truckee Way

SPECIAL NEEDS & ADA MODIFICATIONS
TDRPD takes pride in providing access and availability to all with disabilities. Individuals with disabilities are encouraged to register for any program that TDRPD offers. Reasonable modifications are made for those who meet the essential eligibility requirements for participation in recreational programs. If you need modifications, please email info@tdrpd.org at least two weeks prior to the program.

$25,000 TOTAL FUNDS SET ASIDE FOR 2020 FINANCIAL ASSISTANCE

FOR MORE INFORMATION:
Visit www.tdrpd.org, call (530) 582-7720 or visit the main office at the Community Recreation Center
10981 Truckee Way

Rental Forms available online at www.tdrpd.org and the Main Office in the Community Recreation Center.
*Two weeks advanced notice is required for all reservations.

Email: info@tdrpd.org or call (530) 582-7720 for more info on reservations.

$25,000 TOTAL FUNDS SET ASIDE FOR 2020 FINANCIAL ASSISTANCE

19
Movies at TDRPD

Snow Stoke

SKI MOVIES
- McConkey
- Light the Wick
- Superheroes of Stoke
- Attack of La Nina
- Tangerine Dream

SNOWBOARD MOVIES
- Shredtopia
- Catch the Vapors
- Kamikazu
- Future of Yesterday
- Afterbang

OCTOBER
- 10/19 Spaceballs
- 11/16 Goosebumps
- 12/21 The Grinch
- 1/18 Jaws
- 3/15 Aquaman
- 3/21 Space Jam

Movie will be played on the Digital Board in the Lap Pool
Regular Admission Prices
Truckee Community Pool • 10959 Truckee Way • info@tdrpd.org • 530-580-4406

Mid-Day Movies

FREE EVENT
WEDNESDAYS • 1PM

At the Community Arts Center Auditorium
3044 Church St. • Verdi, NV • 530-582-7703

MONTHLY THEMED MOVIES

NOVEMBER
- 6, 13, 20
- Gangster/Crime

DECEMBER
- 4, 11, 18
- Sports

JANUARY
- 1, 8, 15, 22, 29
- Hitchcock

FEBRUARY
- 5, 12, 19, 26
- Spielberg/Lucas

MARCH
- 4, 11, 18, 25
- Western

Toddler Time TV Shows

At the Community Arts Center Auditorium
3044 Church St. • 530-582-7700 • info@tdrpd.org

FREE EVENT
WEDNESDAYS • 10AM-11AM

NOVEMBER 6, 13, 20
DECEMBER 4, 11, 18
JANUARY 1, 8, 15, 22, 29
FEBRUARY 5, 12, 19, 26
AGES 1-5

Interactive TV Shows aimed to be a fun and interactive activity for the young ones during the winter months

Shows will range from episodes of:
- Mickey Mouse Clubhouse
- My Friends Tigger & Pooh
- Bunnystown
- Special Agent OSO
- Doc McStuffins
- Henry Huggle Monster
- Handy Manny
- Curious George
- and more...
Preschool Coordinator
Kristin Henry, Phone: (530) 550-4454

Preschool Direct Line
(530) 550-4457
License # 293616131

GRASSHOPPER PRESCHOOL
This program is designed as a first social preschool experience for children. Preschool is held in the After School Room at the Community Recreation Center. Children are exposed to basic social skills, age-appropriate art and craft activities, stories, songs, discovery play, and outdoor experiences. Potty trained children and those in diapers are welcome. Parents provide diapers, extra clothes, and appropriate outdoor wear, as well as a hearty snack. Taught by staff trained and experienced in early childhood education.

Ages: 2-3+  Location: Community Recreation Center - Afterschool Room

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M. &amp; W.</td>
<td>9:30am-12:30pm</td>
<td>$28 per day</td>
</tr>
<tr>
<td>T. &amp; Th.</td>
<td>9:30am-12:30pm</td>
<td>$28 per day</td>
</tr>
<tr>
<td>Fri.</td>
<td>9:30am-12:30pm</td>
<td>$28 per day</td>
</tr>
</tbody>
</table>

Optional Extension 1/2 hour - 9:00am-9:30am ($5) 12:30pm-1:15pm ($5)

BUTTERFLY PRESCHOOL
This program is designed to provide developmentally appropriate opportunities to build concentration, independence, self-discipline, coordination, social skills, and creativity. Children freely engage in active exploration, allowing them to discover knowledge of the world through hands-on learning in a playful environment. Weekly theme-based curriculum is prepared to develop the whole child through exposure to the basic concepts, skills, and exciting experiences. This program is held in the Preschool Room at the Community Recreation Center. Children must be potty trained.

Ages: 3-Pre K  Location: Community Recreation Center - Butterfly Room

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M. &amp; W.</td>
<td>9am-12:30pm</td>
<td>$25 am session</td>
</tr>
<tr>
<td>M. &amp; W.</td>
<td>12:30pm-3:30pm</td>
<td>$20 pm session</td>
</tr>
<tr>
<td>T. &amp; Th.</td>
<td>9am-12:30pm</td>
<td>$25 am session</td>
</tr>
<tr>
<td>T. &amp; Th.</td>
<td>12:30pm-3:30pm</td>
<td>$20 pm session</td>
</tr>
<tr>
<td>Fri.</td>
<td>9am-12:30pm</td>
<td>$25 am session</td>
</tr>
<tr>
<td>Fri.</td>
<td>12:30pm-3:30pm</td>
<td>$20 pm session</td>
</tr>
</tbody>
</table>

Optional Extension 1/2 hour - 12:30pm-1:15pm ($5)

NEW!!! WONDER HUB
Instructor: Julie Cooley-Rieders
Art can change our intrinsic ways of thinking and how we see the world. Encouraging creativity in our youngest people opens their minds to problem solving. This program will focus on exploration in open-ended experiences that include art, science, language, movement, and celebrate artists and authors through play. Your children will engage in the wonder of observation and self expression, with an emphasis on ‘doing’ rather than ‘making,’ in a safe and nurturing environment. Inspiration will come from seasons and nature in the Sierra Nevada Mountains. Let us share this magic with your child.
*Child must be potty trained.

Ages: 2 1/2 - 5  Location: Community Arts Center

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>9/9-11/21</td>
<td>Mon.-Thu.</td>
<td>9am-12pm</td>
<td>$37 per class</td>
</tr>
<tr>
<td>S2</td>
<td>1/6-4/9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S3</td>
<td>4/20-6/16</td>
<td></td>
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</tbody>
</table>
**K – 5TH GRADE (Includes Transitional Kindergarten)**

Designed for elementary children, these before and after school programs are a great way to spend the off school hours. Open at both the Community Center and Glenshire Elementary, these programs provide a safe, fun environment where children may socialize. Daily activities include: games, crafts, gym play and homework time. A light snack is provided daily. Program hours vary depending on the site. For more info, please contact site coordinators.

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**Glenshire Elementary School- Modular #31**

**Before & After School Care**

**Site Coordinator:** Katrina Johnson  
katrina@tdrpd.org • (530) 448-1103

**Hours:**
- Before School: 7:10am-9:00am  
- Kindergarten Care: 1:10pm-3:10pm  
- After School: 3:10pm-6:00pm

**Community Recreation Center**

**Before & After School Care**

**Site Coordinator:** Heather Woosley  
hwoosley@tdrpd.org  
(530) 550-4455

**Hours:**
- Before School: 7:00am-9:00am  
- Kindergarten Care: 1:30pm-3:30pm  
- After School: 3:30pm-6:00pm

**Truckee Elementary School**

**Before School Care**

**Site Coordinator:** Heather Woosley  
hwoosley@tdrpd.org • (530) 550-4455

**Hours:**
- Before School: 7:00am-9:00am

---

**PROGRAM FEES**

**BEFORE SCHOOL:**

K – 5th: 7:00am – 8:00am and 8:00am – 9:00am at Glenshire or Truckee Elementary: $5/hr.

PUNCH CARDS: $50.00 for 10 hours (May be used in half hour increments).

K-5th: 7am-7:30am, 7am-7:30am, 8am-8:30am at the Recreation Center: $3 per half hour.

**GLENSHIRE LATE START:**

$5 per hour

**AFTERSCHOOL:**

Kindergarten Care: 1:30pm – 2:30pm & 2:30pm – 3:30pm  
Kings Beach Care: 2:30pm – 3:30pm  
After School Care K – 5th: 3:30pm – 4:30pm, 4:30pm – 5:30pm, 5:30pm-6:00pm

Fee: $5 per hour/ Drop-ins: $7 per hour

School Minimum Days: Once a month 1:00pm-6:00pm: $25  
Kings Beach Minimum Day: $28
TRANSITION PROGRAM

This children’s program is for the transition time in between getting off the bus and going to classes at the Community Recreation Center or swim lessons at the Truckee Community Pool. This program also may be used for older children who wish to have a quiet study hall (up to 7th grade). Director approval is needed before enrollment.

The Transition Program is only for CR/C Pool classes starting from 3:30pm-5:10pm. This program may only be taken in conjunction with one of the Enrichment classes or Swim Lesson Programs offered by TDRPD at the Community Recreation Center or Truckee Community Pool, or with director approval for a study hall. The purpose of the program is to supervise children waiting for their afternoon class or swim lesson to start. Staff will meet children at the bus and/or can be dropped off by parents. If a child does not get off the bus, staff will immediately contact parents. A light afternoon snack will be provided, but please send children with extra snacks for before and after their activity.

IMPORTANT: Kids MUST be able to dress themselves for their class or lesson. If your child is not able to get him or herself dressed for their program, this program is not suitable for that child and parents or guardians must then be present to help.

COST: $3.50/half hour for pre-registration (must register before month starts)
Day of registration is $4.50

TIME: 3:30pm—5pm (half hour increments), if care is needed after 5pm, children may attend Kids Korner.

LOCATION: Community Recreation Center

TRANSITION PROGRAM IS NOW OFFERED AT THE COMMUNITY ARTS CENTER IN ADDITION TO THE POOL AND COMMUNITY RECREATION CENTER.

EARLY RELEASE DAYS

The school district holds teacher trainings once a month which means the children get out of school early. Early release days are:
School gets out at 12:50 pm on these days. Kids Korner will provide a program at each site for the early release days. See Kids Korner info for fees.

SNOW DAY PROGRAM

It’s snowing and school is canceled! We will be providing a snow day program unless there is a power outage or the National Weather Service has advised it unsafe for anyone to be out on the roads. Snow day programs will be full of fun, snowy activities, we promise! Bring a lunch, snow attire, swimsuit and a smile. Afternoon snack is provided. If you were signed up for Kid’s Korner on a snow day you are not automatically signed up for the snow day. It is a separate program. If you paid for Kids Korner on a snow day, those fees will be credited to your account to be used in the future. Be aware there are no refunds after registering. A valid Emergency Form must be on file in order to register.

Please register by calling the Snow Day hotline (530)550-4448

Ages: K-5
Location: Truckee Community Swimming Pool - Party Room

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Snow Days called by TTUSD</td>
<td>9am—5pm</td>
<td>$42</td>
</tr>
</tbody>
</table>

KIDS KAMPS

School’s not in session, so let’s have some fun at our Kids Kamp! Enjoy no homework, laughing with your friends, being creative with crafts and cooking projects. All Kamps meet at the Community Recreation Center from 8am-5:30pm. Children need to bring a lunch, swimwear and appropriate clothing for the weather each day. Off-site trips are taken in our 12 passenger vans. We provide car/booster seats for those children who are required by law to be in one. Please refer to the car seat law if you are unclear on the requirements. We can only take a limited number of children under 8 years of age, so please sign up quickly to save your space if your child is under the age of 8 at the time of camp day and an off-site trip. There will be a schedule of activities available the week before each camp begins. All holiday programs must meet a minimum participant requirements to happen.

***No credits or refunds will be given to any cancellations from the Wednesday the week before the date(s) in question, including sickness. Online registration is available.

Fee: $42 each Kamp/Day

MARVELOUS MONDAYS
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/7</td>
<td>Mon.</td>
<td>8am-5:30pm</td>
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</tbody>
</table>

TURKEY CAMP
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/27</td>
<td>Wed.</td>
<td>8am-5:30pm</td>
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WINTER WONDERLAND
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/23, 24, 26, 27, 30-1/3</td>
<td>8am-5:30pm</td>
</tr>
</tbody>
</table>

SCHOOLS OUT, KAMP’S IN!

FEBRUARY FUN DAYS
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/18-2/21</td>
<td>Tue.-Fri.</td>
<td>8am-5:30pm</td>
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</table>

SPRING FLING
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/13-4/17</td>
<td>Mon.-Fri.</td>
<td>8am-5:30pm</td>
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SUMMER MINI CAMP
Grades: K-5
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/24-8/28</td>
<td>Mon.-Fri.</td>
<td>8am-5:30pm</td>
</tr>
</tbody>
</table>
**BEADED JEWELRY MAKING**

**INSTRUCTOR:** Patty Lassaline

Students will explore the art of making beaded jewelry for themselves or for gift giving. They will learn to make a bracelet and necklace set using glass and stone beads. They will also learn beginning techniques of hand woven, native inspired earrings with glass seed beads.

**Ages:** 12+

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>S1: 12190</td>
<td>10/3-11/7</td>
<td>Thu.</td>
<td>6pm-7:30pm</td>
<td>$108</td>
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<tr>
<td>S2: 12191</td>
<td>11/21-12/19</td>
<td>Thu.</td>
<td>6pm-7:30pm</td>
<td>$72</td>
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<tr>
<td>S3: 12192</td>
<td>1/9-2/13</td>
<td>Thu.</td>
<td>6pm-7:30pm</td>
<td>$108</td>
</tr>
<tr>
<td>S4: 12193</td>
<td>3/5-4/9</td>
<td>Thu.</td>
<td>6pm-7:30pm</td>
<td>$108</td>
</tr>
<tr>
<td>S5: 12194</td>
<td>4/23-5/28</td>
<td>Thu.</td>
<td>6pm-7:30pm</td>
<td>$108</td>
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</tbody>
</table>

**RAID YOUR CLOSET! UPCYCLE FASHION DESIGN**

**INSTRUCTOR:** Amanda Oberacker

Tie, cut, glue, dye, repurpose, patch and paint old clothes to give them new life. A six week course where you create self-made fashion that actually looks good. We will even take a trip to the thrift store on day 1.

**Ages:** Grades 3-5

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>S1: 12176</td>
<td>10/3-11/7</td>
<td>Thu.</td>
<td>4:30pm-5:45pm</td>
<td>$100</td>
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<tr>
<td>S2: 12178</td>
<td>1/9-2/13</td>
<td>Thu.</td>
<td>4:30pm-5:45pm</td>
<td>$100</td>
</tr>
<tr>
<td>S3: 12179</td>
<td>3/5-4/9</td>
<td>Thu.</td>
<td>4:30pm-5:45pm</td>
<td>$100</td>
</tr>
<tr>
<td>S4: 12180</td>
<td>4/23-5/28</td>
<td>Thu.</td>
<td>4:30pm-5:45pm</td>
<td>$100</td>
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</tbody>
</table>

**RAID YOUR CLOSET! UPCYCLE FASHION DESIGN**

**INSTRUCTOR:** Amanda Oberacker

Tie, cut, glue, dye, repurpose, patch and paint old clothes to give them new life. A six week course where you create self-made fashion that actually looks good. We will even take a trip to the thrift store on day 1.

**Ages:** Grades 6-8

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12177</td>
<td>10/3-11/7</td>
<td>Thu.</td>
<td>2:45pm-4pm</td>
<td>$100</td>
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<tr>
<td>S2: 12181</td>
<td>1/9-2/13</td>
<td>Thu.</td>
<td>2:45pm-4pm</td>
<td>$100</td>
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<tr>
<td>S3: 12182</td>
<td>3/5-4/9</td>
<td>Thu.</td>
<td>2:45pm-4pm</td>
<td>$100</td>
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<tr>
<td>S4: 12183</td>
<td>4/23-5/28</td>
<td>Thu.</td>
<td>2:45pm-4pm</td>
<td>$100</td>
</tr>
</tbody>
</table>

**HOLIDAY GIFTS MADE BY HAND**

**INSTRUCTOR:** Patty Lassaline

Come and use your hands to create special gifts for friends and family. Each week a new gift will be crafted with care, wrapped and labeled. Gift making will include ornaments, candles, jewelry, photo frames and more.

**Ages:** Grades 3-5

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12201</td>
<td>10/2-11/6</td>
<td>Wed.</td>
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<tr>
<td>S2: 12202</td>
<td>11/13-12/18</td>
<td>Wed.</td>
<td>4:30pm-6pm</td>
<td>$108</td>
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</table>

**Ages:** Grades 6-8

**Location:** Community Arts Center

<table>
<thead>
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<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tr>
<td>S1: 12204</td>
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<td>2:45pm-4:15pm</td>
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<td>S2: 12203</td>
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<td>Wed.</td>
<td>2:45pm-4:15pm</td>
<td>$108</td>
</tr>
</tbody>
</table>

**DRAWING, PASTELS & WATERCOLOR**

**INSTRUCTOR:** Patty Lassaline

A Waldorf-inspired art class offering students a gentle and creative learning environment to experience the techniques of shared drawing, pastels and watercolor for creating seasonal art. An exhibit will be presented at the end of the last week.

**Registration for this class starts Sept. 16**

**Ages:** Grades 3-5

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>S1: 12195</td>
<td>1/8-2/12</td>
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<td>4:30pm-6pm</td>
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<tr>
<td>S2: 12196</td>
<td>3/4-4/8</td>
<td>Wed.</td>
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</tr>
<tr>
<td>S3: 12197</td>
<td>4/22-5/27</td>
<td>Wed.</td>
<td>4:30pm-6pm</td>
<td>$108</td>
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</table>

**Ages:** Grades 6-8

**Location:** Community Arts Center

<table>
<thead>
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<th>Date</th>
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<th>Time</th>
<th>Fee</th>
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<tr>
<td>S1: 12198</td>
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<td>S2: 12199</td>
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</tr>
<tr>
<td>S3: 12200</td>
<td>4/22-5/27</td>
<td>Wed.</td>
<td>2:45pm-4:15pm</td>
<td>$108</td>
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</tbody>
</table>

**CRAFT CAMP**

Craft. chill & connect on Minimum Days.

**Grades:** 6-8

**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/18, 10/28, 11/1, 12/4, 2/5, 3/4, 5/6, 6/24</td>
<td>12pm-5pm</td>
<td>$35 per day</td>
</tr>
</tbody>
</table>
THE MINDFUL TRAVELER
INSTRUCTOR: Vanessa Dunn
Explore the seven continents through music, art, food, geography and so much more! Let’s celebrate diversity together while we open our minds and follow our wanderlust. Each child will be provided with a faux personal passport, world map and travel journal. We will explore a different continent each week, and the last week will be a celebration of food, music and art from around the world.

 Ages: 7-12
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12421</td>
<td>9/11-10/30</td>
<td>Wed.</td>
<td>3:30pm-5pm</td>
<td>$160</td>
</tr>
</tbody>
</table>

BODY EXPLORATION
THROUGH MUSIC & MOVEMENT
INSTRUCTOR: Josette Rouas
A class focused on rounding out the body and the mind through age appropriate meditation, stretching and dance. Class begins with stillness and meditations through calm music, followed by a stretch and warm-up. Each class will have a free-flow movement section with different styles and tempo music. Class ends with a cool-down.

 Ages: 3-4
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12170</td>
<td>10/2-10/23</td>
<td>Wed.</td>
<td>2pm-3pm</td>
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<tr>
<td>S2: 12172</td>
<td>11/13-12/4</td>
<td>Wed.</td>
<td>2pm-3pm</td>
<td>$50</td>
</tr>
<tr>
<td>S3: 12174</td>
<td>1/8-1/29</td>
<td>Wed.</td>
<td>2pm-3pm</td>
<td>$50</td>
</tr>
</tbody>
</table>

 Ages: 5-7
Location: Community Arts Center

<table>
<thead>
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<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12171</td>
<td>10/2-10/23</td>
<td>Wed.</td>
<td>3pm-4pm</td>
<td>$50</td>
</tr>
<tr>
<td>S2: 12173</td>
<td>11/13-12/4</td>
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<td>3pm-4pm</td>
<td>$50</td>
</tr>
<tr>
<td>S3: 12175</td>
<td>1/8-1/29</td>
<td>Wed.</td>
<td>3pm-4pm</td>
<td>$50</td>
</tr>
</tbody>
</table>

ACTION SPORTS FILMING
INSTRUCTOR: Kyle Jost
Learn filming skills for skiing, snowboarding, skateboarding, mountain biking, and all the other fun sports that you and your friends enjoy. This class will help you better capture your adventures on the hill or the concrete. We will go through camera techniques and angles, equipment, styles, music and editing. Class will conclude with a presentation of your film work in our Community Art Center Theater. Students need to bring to class: Digital recording device (GoPro, phone, tablet, etc.)

 Ages: 13+
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12207</td>
<td>11/4-12/2</td>
<td>Mon.</td>
<td>5pm-6pm</td>
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</tr>
<tr>
<td>S2: 12208</td>
<td>4/6-4/27</td>
<td>Mon.</td>
<td>5pm-6pm</td>
<td>$60</td>
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</tbody>
</table>

ART IN CRAFTS
INSTRUCTOR: Josette Rouas
Sculpture art, hand sewn animals, paper mache bowls and flying mobiles are some of the crafts we will be creating through this art exploration class.

 Ages: 5-7
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12184</td>
<td>9/17-10/22</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
<td>$108</td>
</tr>
<tr>
<td>S2: 12185</td>
<td>11/12-12/17</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
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<tr>
<td>S3: 12186</td>
<td>1/7-2/11</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
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<tr>
<td>S4: 12187</td>
<td>3/3-4/7</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
<td>$108</td>
</tr>
<tr>
<td>S5: 12188</td>
<td>4/21-5/26</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
<td>$108</td>
</tr>
</tbody>
</table>

POTTERY ON THE WHEEL
INSTRUCTOR: Patty Lassaline
Learn beginning techniques on the potter’s wheel for making food safe, functional pottery pieces in a safe environment. Students will be taught how to form a bowl, cup and plate on the wheel as well as the fundamentals of handling clay pieces, glazing and firing.

Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>S1: 12452</td>
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<td>4:30pm-6pm</td>
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<tr>
<td>S2: 12453</td>
<td>11/12-12/17</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
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<tr>
<td>S3: 12454</td>
<td>1/7-2/11</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
<td>$132</td>
</tr>
<tr>
<td>S4: 12455</td>
<td>3/3-4/7</td>
<td>Tue.</td>
<td>4:30pm-6pm</td>
<td>$132</td>
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<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>S1: 12456</td>
<td>10/1-11/5</td>
<td>Tue.</td>
<td>2:45pm-4:15pm</td>
<td>$132</td>
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<tr>
<td>S2: 12457</td>
<td>11/12-12/17</td>
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<td>2:45pm-4:15pm</td>
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<tr>
<td>S3: 12458</td>
<td>1/2-11</td>
<td>Tue.</td>
<td>2:45pm-4:15pm</td>
<td>$132</td>
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<tr>
<td>S4: 12459</td>
<td>3/3-4/7</td>
<td>Tue.</td>
<td>2:45pm-4:15pm</td>
<td>$132</td>
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<table>
<thead>
<tr>
<th>Online Code</th>
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<th>Time</th>
<th>Fee</th>
</tr>
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<tbody>
<tr>
<td>S1: 12460</td>
<td>10/1-11/5</td>
<td>Tue.</td>
<td>6:15pm-7:45pm</td>
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<tr>
<td>S2: 12461</td>
<td>11/12-12/17</td>
<td>Tue.</td>
<td>6:15pm-7:45pm</td>
<td>$132</td>
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<tr>
<td>S3: 12462</td>
<td>1/7-2/11</td>
<td>Tue.</td>
<td>6:15pm-7:45pm</td>
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<td>S4: 12463</td>
<td>3/3-4/7</td>
<td>Tue.</td>
<td>6:15pm-7:45pm</td>
<td>$132</td>
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</tbody>
</table>

CREATE YOUR OWN SUPERHERO
INSTRUCTOR: Kyle Jost
Brainstorm superpowers and create your own superhero through drawing. We will spend time exploring past superheroes for inspiration, examining the powers you’d like and then putting the elements of your superhero into creation of your final character.

 Ages: Grades 2-5
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
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<tbody>
<tr>
<td>S1: 12205</td>
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<td>4pm-5pm</td>
<td>$40</td>
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<tr>
<td>S2: 12206</td>
<td>3/16-3/30</td>
<td>Mon.</td>
<td>4pm-5pm</td>
<td>$40</td>
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SHORT FILM CAMP
INSTRUCTOR: Kyle Jost
Students of any age can use this class to create their own five-minute movie. We will go through each step from creating the screenplay, storyboarding, actually filming, editing and distribution. Class will culminate with a presentation of the film in our Community Art Center Theater. Students need to bring to class: Digital recording device (GoPro, phone, tablet, camera, etc.).

 Ages: 13+
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12209</td>
<td>1/27-2/17</td>
<td>Mon.</td>
<td>5pm-6pm</td>
<td>$60</td>
</tr>
<tr>
<td>S2: 12210</td>
<td>5/4-5/25</td>
<td>Mon.</td>
<td>5pm-6pm</td>
<td>$60</td>
</tr>
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</table>
TRUCKEE TAHOE YOUTH CHORUS
INSTRUCTOR: Susan Horst
The Truckee Youth Chorus is a class offered for 3rd - 9th grade students meeting Tuesday afternoons at the Community Arts Center from 4-5:30pm. Rehearsals begin Tuesday, September 24, running through December 10, 2019. The class will culminate with the Youth Chorus with the Truckee Tahoe Community Chorus Holiday Concert Series, December 14 and 15. Students will learn vocal technique and part independence while improving their music reading skills using a wide variety of music selections depicting early American genre.

Ages: Grades 3-9  Location: Community Arts Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/24-12/10</td>
<td>Tues</td>
<td>4pm-5:30pm</td>
<td>$10 per class paid monthly, $15 drop-ins</td>
</tr>
<tr>
<td>2/24-4/28</td>
<td></td>
<td></td>
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</table>

KIDS BALLROOM DANCE
INSTRUCTOR: Kent “Gus” Gustafsen
Let your child discover the wonderful world of Ballroom Dancing. No prior dance experience is necessary. Dance is an exciting way for children to develop important social skills that lead to success both at school and throughout their lives.

Ages: 10+  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>S1: 12264</td>
<td>10/2-10/23</td>
<td>Wed</td>
<td>5pm-6pm</td>
<td>$40 per person</td>
</tr>
<tr>
<td>S2: 12236</td>
<td>10/30-11/20</td>
<td></td>
<td></td>
<td>$70 per couple</td>
</tr>
<tr>
<td>S3: 12237</td>
<td>11/27-12/18</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S4: 12238</td>
<td>1/8-1/29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S5: 12239</td>
<td>2/5-2/26</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>S6: 12240</td>
<td>3/4-3/25</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S7: 12241</td>
<td>4/1-4/22</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S8: 12242</td>
<td>5/6-6/3</td>
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</table>

TRUCKEE YOUTH DANCE ENSEMBLE (TYDE)
INSTRUCTOR: Sherrie Peterson
Audition & Invitation Only  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Levels</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>7-10</td>
<td>Thurs.</td>
<td></td>
<td>5pm-6pm</td>
<td>$75 monthly</td>
</tr>
<tr>
<td>9-18</td>
<td>Thurs.</td>
<td></td>
<td>6pm-7:15pm</td>
<td>$75 monthly</td>
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</table>

September 2019 through 2020
Auditions:
Thursday, September 5th 2019
7-10yrs  5pm-6pm  Coed All Levels
9-18yrs  6pm-7:15pm  Coed All Levels

Company performance “Cinderella” will run June 19-21, 2020. Please feel free to call Sherrie at 530-582-1894 or 530-386-6683 if you have any questions or concerns.

MUSIC TOGETHER FAMILY CLASS
INSTRUCTOR: Brooke Chabot
Join us for a weekly 45 minute music and movement class especially designed for young children and their parents, or caretakers that includes music, movement and instrument play.

Ages: Birth-5 & Parents  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12393</td>
<td>12/2-12/16</td>
<td>Mon</td>
<td>9:15am-10am</td>
<td>$45 per session</td>
</tr>
<tr>
<td>12394</td>
<td>12/3-12/17</td>
<td>Tue</td>
<td>10am-10:45am</td>
<td>$45 per session</td>
</tr>
<tr>
<td>12388</td>
<td>1/6-3/9</td>
<td>Mon</td>
<td>9:15am-10am</td>
<td>$150 per session</td>
</tr>
<tr>
<td>12389</td>
<td>1/7-3/10</td>
<td>Tue</td>
<td>10am-10:45am</td>
<td>$15 drop-in</td>
</tr>
<tr>
<td>12391</td>
<td>2/3-2/18</td>
<td>Mon</td>
<td>9:15am-10am</td>
<td>+ $40 materials</td>
</tr>
<tr>
<td>12392</td>
<td>3/3-6/9</td>
<td>Tue</td>
<td>10am-10:45am</td>
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</table>

Sierra Nevada Dance, the longest standing dance company in the Tahoe area was founded more than 25 years ago to fill a need in the Truckee-Tahoe community. With over 40 years of teaching, dancing and choreography, Sherrie Peterson brings a unique opportunity for all age groups to experience the fun and culture of the performing arts.

Instructor: Sherrie Peterson

Ballet I
Ages: 5-8  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Tues</td>
<td>4pm-5pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
</tr>
</tbody>
</table>

Ballet II
Ages: 6-9  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Thu</td>
<td>4pm-5pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
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</tbody>
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Ballet III
Ages: 7-11  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Tues</td>
<td>5pm-6pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
</tr>
</tbody>
</table>

Ballet IV
Ages: 8-12  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Wed</td>
<td>4:30pm-5:30pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
</tr>
</tbody>
</table>

Intermediate Ballet w/Pointe
Ages: 10-Adult  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Tues</td>
<td>6pm-7:15pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Wed</td>
<td>3pm-4:30pm</td>
<td>$12 per class paid monthly, $15 drop-ins</td>
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</tbody>
</table>

Creative Dance
Ages: 3-5  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Mon</td>
<td>10:30am-11:15am</td>
<td>$10 per class</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Wed</td>
<td>10:30am-11:15am</td>
<td>paid monthly</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Thu</td>
<td>10:30am-11:15am</td>
<td>$13 drop-in</td>
</tr>
</tbody>
</table>

TRUCKEE YOUTH DANCE ENSEMBLE (TYDE)
INSTRUCTOR: Sherrie Peterson
Audition & Invitation Only  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Levels</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-10</td>
<td>Thurs.</td>
<td></td>
<td>5pm-6pm</td>
<td>$75 monthly</td>
</tr>
<tr>
<td>9-18</td>
<td>Thurs.</td>
<td></td>
<td>6pm-7:15pm</td>
<td>$75 monthly</td>
</tr>
</tbody>
</table>

**3 week Holiday Classes**
12388  1/6-3/9  Mon  9:15am-10am  $150 per session or $15 drop-in
12389  1/7-3/10  Tue  10am-10:45am  $15 drop-in
12391  2/3-2/18  Mon  9:15am-10am  + $40 materials
12392  3/3-6/9  Tue  10am-10:45am  

MUSIC TOGETHER FAMILY CLASS
INSTRUCTOR: Brooke Chabot
Join us for a weekly 45 minute music and movement class especially designed for young children and their parents, or caretakers that includes music, movement and instrument play.

Ages: Birth-5 & Parents  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/11-11/13</td>
<td>Wed</td>
<td>5:15pm-6pm</td>
<td>$150 per session or $15 drop-in</td>
<td></td>
</tr>
</tbody>
</table>

**3 week Holiday Classes**
12393  12/2-12/16  Mon  9:15am-10am  $45 per session
12394  12/3-12/17  Tue  10am-10:45am  $45 per session
12388  1/6-3/9  Mon  9:15am-10am  $150 per session or $15 drop-in
12389  1/7-3/10  Tue  10am-10:45am  $15 drop-in
12391  2/3-2/18  Mon  9:15am-10am  + $40 materials
12392  3/3-6/9  Tue  10am-10:45am  

Please feel free to call Sherrie at 530-582-1894 or 530-386-6683 if you have any questions or concerns.

Youth Enrichment
AIKIDO FOR KIDS
INSTRUCTOR: Sally Jones
Aikido is a non-aggressive, non-competitive Martial Art that teaches new ways of responding to ‘being attacked’. Aikido focuses on how to create harmony and cooperation. Beginner class is a gentle introduction to the practice. You do not need any experience.

Ages: 8-12
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>9/4-9/25</td>
<td>Wed.</td>
<td>4:30pm-5:30pm</td>
<td>$65 monthly</td>
</tr>
</tbody>
</table>

CHILDREN’S HANDBUILDING CERAMICS
INSTRUCTOR: Susan Dorwart
Make it out of clay! Learn to use coils, slabs and sculpture techniques to create your own masterpieces and functional pieces. Projects will be glazed with safe, lead-free glazes. Materials Fee: Due to instructor at the first class.

Ages: 6-12
Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S6:</td>
<td>10/7-10/28</td>
<td>Mon.</td>
<td>3:45pm-5:15pm</td>
<td>$15 per class paid monthly</td>
</tr>
</tbody>
</table>

BABYSITTING TRAINING FOR TEENS
INSTRUCTOR: Lisa Kucera
If you would like to become a babysitter, take this class to learn about keeping kids safe, the business of babysitting, creative ideas for entertaining children and tactics for dealing with misbehaving kids. Upon completion, participants will receive a certificate from the American Red Cross for Babysitter Training.

Ages: Grades 6+
Location: Truckee Community Pool

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12350</td>
<td>Mon.-Thu.</td>
<td>12:15pm-2:30pm</td>
<td>$110</td>
</tr>
<tr>
<td>S2:</td>
<td>12351</td>
<td>Thu.</td>
<td>3pm-5:15pm</td>
<td>$110</td>
</tr>
</tbody>
</table>

LITTLE CHEF’S COOKING CLASS
INSTRUCTOR: Thao Doan
Your child will learn to prepare and cook a variety of different foods ranging from the classics like turkey pot pie, pizza, pasta and soup to more daring fare like pumpkin-squash risotto and veggie stir fry. This is an ongoing class through the school year.

Ages: 7-13
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Starts 1/9</td>
<td>Thu.</td>
<td>3:45pm-5:15pm</td>
<td>$20 per class paid monthly</td>
</tr>
</tbody>
</table>

COOKING FOR KIDS
INSTRUCTOR: Tammy Garbarino
Cooking is an important life skill, often forgotten in today’s busy world. In Cooking for Kids, children will learn quick and easy meals and snacks for the whole family. A variety of breakfast, lunch, dinner and snack recipes will be presented. Class time will include hands-on food preparation, clean up and tasting.

Ages: 9-12
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12401</td>
<td>Mon.</td>
<td>4pm-5pm</td>
<td>$165</td>
</tr>
<tr>
<td>S2:</td>
<td>12402</td>
<td>Tue.</td>
<td>4pm-6pm</td>
<td>$50 per session</td>
</tr>
</tbody>
</table>

CHRISTMAS BAKING FOR KIDS
INSTRUCTOR: Tammy Garbarino
This class is the same format as the regular “Cooking for Kids” classes, but designed as an add-on for kids taking or that have already taken the basic class. OR kids who need a later timeframe to attend a cooking class. You do not have to have taken the other class to take this one. This class will focus more on quick and easy recipes for kids and families to enjoy.

Ages: 9-12
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12403</td>
<td>Mon.</td>
<td>4pm-6pm</td>
<td>$50 per session</td>
</tr>
<tr>
<td>S2:</td>
<td>12404</td>
<td>Thu.</td>
<td>4pm-6pm</td>
<td>$50 per session</td>
</tr>
</tbody>
</table>

SPANISH FOR KIDS
INSTRUCTOR: Julie Morrow
Learn Spanish in a fun and simplified way! This class is designed for your child to learn basic Spanish vocabulary in a fun and simplified way. We will learn and work on the Spanish alphabet, vocabulary and numbers in a fun relaxed environment by learning through lessons, games and songs. Please bring a pen or a pencil and a notebook. Drop-ins welcome! $18 for day of registration.

Ages: 6-12
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12425</td>
<td>Sat.</td>
<td>10am-11am</td>
<td>$60</td>
</tr>
</tbody>
</table>

LITTLE LEAPERS SOCCER
INSTRUCTOR: Cheyenne Little
Little Leapers Soccer focuses on teaching classes through developmentally appropriate games designed to teach toddlers foundational soccer skills while building coordination and confidence. This 8-week program is centered on using soccer as a platform to enhance the development of children’s listening, sharing, turn taking, and social skills. Children ages 2 through 5 are welcome to participate and will receive custom jerseys. Parent participation encouraged but not required. Please bring to class: Athletic clothing, tennis shoes, water bottle, chairs for parents watching.

Ages: 2-5
Location: Veterans Building

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12395</td>
<td>Tue.</td>
<td>10:30am-11am</td>
<td>$69 per session</td>
</tr>
<tr>
<td>S2:</td>
<td>12396</td>
<td>Tue.</td>
<td>11:15am-11:45am</td>
<td>$12 material fee</td>
</tr>
<tr>
<td>S3:</td>
<td>12397</td>
<td>Tue.</td>
<td>10:30am-11am</td>
<td></td>
</tr>
<tr>
<td>S4:</td>
<td>12398</td>
<td>Tue.</td>
<td>11:15am-11:45am</td>
<td></td>
</tr>
<tr>
<td>S5:</td>
<td>12400</td>
<td>Tue.</td>
<td>10:30am-11am</td>
<td></td>
</tr>
<tr>
<td>S6:</td>
<td>12399</td>
<td>Tue.</td>
<td>11:15am-11:45am</td>
<td></td>
</tr>
</tbody>
</table>
PRIVATE MUSIC LESSONS
INSTRUCTOR: Ben Martin
Private music lessons on any of the common instruments including guitar, ukulele, voice, piano, banjo, mandolin, drums and more! Ben and his team are very talented and want to share their love of music with you. Times are flexible, so please contact them directly if you need times outside of what is listed at info@tahoemusic.net To sign up, please call the TDRPD front office @ 530-582-7720 ext. 0

All Ages Location: Tahoe Truckee School of Music | 10038 Meadow Way, Suite E

Date | Days | Time | Fee
---|---|---|---
Ongoing | Mon.-Fri. | 3pm-6pm |

30 min. sessions: $140 per 4 sessions
60 min. sessions: $260 per 4 sessions

TRUCKEE COMMUNITY THEATER

TCT PRESENTS: ACTING AND DRAMA SKILLS
INSTRUCTOR: Michele Greenwood
Come and learn some basic acting skills. Learn how to project your voice, develop and analyze your characters. Help get yourself prepared for your next audition. Please bring a water bottle to class.

Ages: Grades 4-8 Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12348</td>
<td>10/21-12/19</td>
<td>Mon.</td>
<td>4pm-5:30pm</td>
<td>$125 per session</td>
</tr>
<tr>
<td>S2: 12349</td>
<td>1/6-3/2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TCT PRESENTS: IMPROV FOR TEENS
Instructor: Carrie Haines
Improvational theatre for Teens. This fabulous drama class teaches critical thinking, comedic timing, acting techniques, builds confidence and is so much fun! We will play games learn new skills, and make new friends as we form the first TCT Junior Improv Troupe and prepare for his team are very talented and want to share their love of music with you. Times are flexible, so please contact them directly if you need times outside of what is listed at info@tahoemusic.net To sign up, please call the TDRPD front office @ 530-582-7720 ext. 0

Ages: Grades 6-12 Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12218</td>
<td>9/9-10/24</td>
<td>Mon.</td>
<td>3pm-4:30pm</td>
<td>$89</td>
</tr>
</tbody>
</table>

TCT PRESENTS: SHREK, THE MUSICAL JR.
INSTRUCTOR: Carrie Haines
Rehearsals: Wednesday and Thursdays 3:15-5:45pm starting Sept. 18.
Performances: January 17, 18, 19, 24, 25 and 26
Costs: $175 enrollment fee to TDRPD, $75 production fee to TCT
Grades: 6-12

TCT Jr. Presents our annual Teen Musical: Shrek, The Musical. This show offers students the opportunity to play one or more roles as this show features 35 speaking/singing roles. Everyone gets a part.

Ages: Grades 6-12 Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12216</td>
<td>9/18-1/9</td>
<td>Wed. &amp; Thu.</td>
<td>3:15pm-5:45pm</td>
<td>$175</td>
</tr>
</tbody>
</table>

GUITAR LESSONS
INSTRUCTOR: Ben Martin
Learn to play the Guitar! Ben Martin, Director & Founder of the Tahoe Truckee School of Music will teach you the fundamentals so you can enjoy playing guitar for the rest of your life.
For questions or more info: info@tahoemusic.net

All Ages Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12441</td>
<td>9/10-10/1</td>
<td>Tue.</td>
<td>4pm-5pm</td>
<td>$95 per session</td>
</tr>
<tr>
<td>S2: 12442</td>
<td>10/8-10/29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S3: 12443</td>
<td>11/5-11/26</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

Intermediate Classes

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12444</td>
<td>9/10-10/1</td>
<td>Tue.</td>
<td>5pm-6pm</td>
<td>$95 per session</td>
</tr>
<tr>
<td>S2: 12445</td>
<td>10/8-10/29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S3: 12446</td>
<td>11/5-11/26</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

BEGINNING UKULELE
INSTRUCTOR: Ben Martin
Learn to play one of the most user-friendly instruments with Tahoe Truckee School of Music Founder and Director Ben Martin. For questions or more info: info@tahoemusic.net

Ages: Grades 4-8th Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12447</td>
<td>9/10-10/1</td>
<td>Tue.</td>
<td>3pm-6pm</td>
<td>$95 per session</td>
</tr>
<tr>
<td>S2: 12448</td>
<td>10/8-10/29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>S3: 12449</td>
<td>11/5-11/26</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TCT PRESENTS: A CHRISTMAS CAROL
INSTRUCTOR: Courtney Simon
Rehearsals: Fridays, 3:15pm-6:15pm starting Sept. 6
This hysterically comic version of Dicken's classic Christmas tale has lots of parts for young actors. Join the cast and ring in the holidays! There will be a free showcase for parents and friends on Friday, November 22nd.

Ages: Grades 3-6 Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12220</td>
<td>9/6-11/22</td>
<td>Fri.</td>
<td>3:15pm-6:15pm</td>
<td>$150</td>
</tr>
</tbody>
</table>

TCT PRESENTS: SLEEPING BEAUTY,
THE TALE OF BRIAR ROSE
INSTRUCTOR: Courtney Simon
Join us for Ski Skate Week! A clever adaptation of the classic fairy tale, a wild, comic romp. Young actors and audience alike will be delighted with this funny play. All roles are open to all participants.
There will be a free showcase for parents and friends on Sat., Feb. 22nd.

Ages: Grades 4-8th Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12347</td>
<td>2/17-2/22</td>
<td>Mon.-Sat.</td>
<td>9:00am-2:30pm</td>
<td>$200 to TDRPD $50 to TCT for production fee</td>
</tr>
</tbody>
</table>

TCT PRESENTS: MATILDA, THE MUSICAL
INSTRUCTOR: Carrie Haines
Auditions:
Children ages 8-15; Feb. 4, 4:00-7:00pm
Adults ages 18-up; Feb. 6th 6:00-9:00 pm
Callback by invitation only; Feb. 7, 6:00-8:00 pm
Rehearsals:
Children, Wednesday and Thursdays 4:00-6:00pm starting Feb. 25.
Adults and leads, Tuesdays, Wednesdays, Thursdays 6:00-9:00pm starting Feb. 24.
Performances:
Children ages 8-15: June 5, 6, 7 and 12, 13, 14, 2020
Costs: Children, $150 enrollment fee to TDRPD, $75 production fee to TCT

Ages: 8-15 Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12217</td>
<td>2/4-5/28</td>
<td>Tue. Wed. Thu.</td>
<td>6pm-8pm</td>
<td>$150</td>
</tr>
</tbody>
</table>
**BASKETBALL CLINICS**

**INSTRUCTOR:** Angelo Tenorio & Staff

These three day clinics are perfect for players just learning the game, or for players who want to refine their skills. Classes are limited to 20 players so sign up fast.

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>$2: MM: 12296 LL: 12295</td>
<td>9/10-10/3</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>$3: MM: 12297 LL: 12296</td>
<td>10/1-10/3</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>$4: MM: 12298 LL: 12297</td>
<td>10/11-10/3</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>$5: MM: 12299 LL: 12298</td>
<td>10/12-10/3</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
</tbody>
</table>

**BASKETBALL LEAGUES**

**INSTRUCTOR:** Angelo Tenorio & Staff

**Skills Day – Mandatory to play in the league.**

Please attend at least one day, as this is how balanced teams are created.

Saturday, November 16 & November 30, at Community Recreation Center

<table>
<thead>
<tr>
<th>Age/Grade</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Community Recreation Center, School District Gym &amp; Glenshire Elementary</td>
</tr>
<tr>
<td>Grades 7-8</td>
<td>Community Recreation Center, School District Gym &amp; Glenshire Elementary</td>
</tr>
</tbody>
</table>

League practices begins December 2, 2019 – practice days vary and will be scheduled and provided after teams are filled. Please expect 1-2 days of practice and game days. No practices during Christmas break and games will start on Saturdays in January.

Practice times are 4:15-5:30pm, 5:30-6:45pm or 6:45-8pm.

Grade 1st & 2nd Co-ed (practices mostly Tue. at SDG or Glen Elem.)

Grade 5th & 6th Co-ed (practices mostly Wed. at CRC)

**INSTRUCTIONAL CLIMBING CLASSES**

**INSTRUCTOR:** Angelo Tenorio & Staff

**Leaping Lizards:** An instructional Climbing Class designed for first time/beginner climbers.

**Mighty Monkeys:** An instructional Climbing Class designed for experienced/advanced climbers. Subject to instructors approval.

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: MM: 12294 LL: 12293</td>
<td>9/9-10/2</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>S2: MM: 12295 LL: 12302</td>
<td>10/7-11/4</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>S3: MM: 12296 LL: 12303</td>
<td>11/6-12/4</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$115</td>
</tr>
<tr>
<td>S4: MM: 12297 LL: 12304</td>
<td>1/13-2/5</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$125</td>
</tr>
<tr>
<td>S5: MM: 12298 LL: 12305</td>
<td>2/10-3/11</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$125</td>
</tr>
<tr>
<td>S6: MM: 12299 LL: 12306</td>
<td>3/16-4/8</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$125</td>
</tr>
<tr>
<td>S7: MM: 12300 LL: 12307</td>
<td>4/20-5/13</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$125</td>
</tr>
<tr>
<td>S8: MM: 12301 LL: 12308</td>
<td>5/18-6/10</td>
<td>M. &amp; W.</td>
<td>4:30pm-5:30pm</td>
<td>$125</td>
</tr>
</tbody>
</table>

**CHEER FUNDAMENTALS**

**INSTRUCTOR:** Heather Maloy

Cheerleading is a great way to encourage fitness and friendships! This class will focus on stunts, jumps, stunts and dance routines. This program is for kids who just want to learn about the sport, or want to prepare for community and school cheer teams. Experienced cheerleaders will focus on stunt progressions and more complex routines. $50 Practice Uniform Fee due to instructor on first day of class.

<table>
<thead>
<tr>
<th>Age/Grade</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 5-9</td>
<td>Veterans Building</td>
</tr>
<tr>
<td>Ages 10-14</td>
<td>Veterans Building</td>
</tr>
</tbody>
</table>

**COMPETITION CHEER TEAM**

**INSTRUCTOR:** Heather Maloy

Must be taken in combination with Cheer Fundamentals, so please register for that class as well. This Team option is for Cheerleaders who want to take it to the next level and compete in regional Cheer competitions. Extended class time will focus on competition level stunting and choreography. Must have basic tumbling skills like forward rolls and cartwheels. Includes participation in 3 competitions - details available from instructor. Additional camps may be added based on team qualification and interest.

$150 Competition Uniform Fee due to instructor on first day of class.

<table>
<thead>
<tr>
<th>Age/Grade</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 8-14</td>
<td>Veterans Building</td>
</tr>
</tbody>
</table>

**KIDS CLIMB**

**INSTRUCTOR:** Angelo Tenorio & Staff

This class is designed for kids ages 5-17 to have supervised open-climb time on the CRC climbing/bouldering walls. There is no climbing curriculum or instruction, and the class is not intended for first time climbers. Climbers must be pre-registered for the session to participate.

<table>
<thead>
<tr>
<th>Age/Grade</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 5-17</td>
<td>Community Recreation Center</td>
</tr>
</tbody>
</table>

**OPEN TO PUBLIC CLIMB**

**INSTRUCTOR:** Angelo Tenorio & Staff

<table>
<thead>
<tr>
<th>Age/Grade</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 5+</td>
<td>Community Recreation Center</td>
</tr>
</tbody>
</table>

**Youth Sports**
**HOCKEY LEAGUE**

**INSTRUCTOR:** Angelo Tenorio

Take your skills learned in the Hockey Skills class and join this Hockey League! Kids will be placed on teams per age. Please provide your own equipment.

**Ages:** 8-18  
**Location:** Truckee Ice Rink

<table>
<thead>
<tr>
<th>Online Codes</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12332</td>
<td>12/18-2/26</td>
<td>Wed.</td>
<td>4pm-6/45pm</td>
<td>$65</td>
</tr>
<tr>
<td>S1: 12333</td>
<td>12/19-2/27</td>
<td>Thu.</td>
<td>4pm-6/45pm</td>
<td>$65</td>
</tr>
<tr>
<td>S1: 12334</td>
<td>12/20-2/28</td>
<td>Fri.</td>
<td>8pm-10:30pm</td>
<td>$65</td>
</tr>
</tbody>
</table>

**YOUTH VOLLEYBALL LEAGUES**

**INSTRUCTOR:** Angelo Tenorio & parent volunteers

A fun and competitive league for children to learn and improve their volleyball skills. This will be popular so sign up early. Parents - Let Angelo know if you would like to volunteer/coach. Dates: Late Feb. - Beginning of April (Does not meet on holidays.)

**Ages:** Grades 3-8  
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Online Codes</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-4: 12337</td>
<td>2/26-4/8</td>
<td>Wed. practice</td>
<td>4:30pm-6pm</td>
<td>$92</td>
</tr>
<tr>
<td>Grades 5-6: 12338</td>
<td>2/26-4/6</td>
<td>Mon. practice</td>
<td>4:30pm-6pm</td>
<td>$92</td>
</tr>
<tr>
<td>Grades 7-8: 12339</td>
<td>2/26-4/7</td>
<td>Tue. practice</td>
<td>3:15pm-4:30pm</td>
<td>$92</td>
</tr>
</tbody>
</table>

**BUDDY WERNER DEVELOPMENT '19/'20**

**INSTRUCTOR:** Angelo Tenorio

This program is designed for the beginning skier and entry level competitor - not first time skiers or learning to ski. The program consists of 12 days at Soda Springs plus ski away days to Sugar Bowl, Alpine Meadows and Homewood along with five fun intra-squad races. Fees include a season pass to Soda Springs.

**Ages:** 6-13  
**Location:** Boreal/Soda Springs

<table>
<thead>
<tr>
<th>Online Codes</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12336</td>
<td>12/1-3/15</td>
<td>Sun.</td>
<td>9:30am-2pm</td>
<td>Resident: $350</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Non-Resident: $375</td>
</tr>
</tbody>
</table>

*$50 discount if parent works a Ski Swap shift.

**Visit our website at www.truckeeskiteam.org**

**SPONSORS NEEDED!**

Truckee Ski Team Sponsorships are $250. Sponsor fees help cover the cost of race and timing equipment, awards, tickets for ski away days, and sweatshirts. Call Angelo Tenorio at (530) 550-4451

**BUDDY WERNER LEARN TO SKI PROGRAM**

**INSTRUCTOR:** Angelo Tenorio

This program is designed for the beginning skier still learning to ski. Fees include a season pass to Soda Springs.

**Ages:** 5+  
**Location:** Boreal/Soda Springs

<table>
<thead>
<tr>
<th>Online Codes</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12335</td>
<td>12/1-3/15</td>
<td>Sun.</td>
<td>9:30am-2pm</td>
<td>Resident: $350</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Non-Resident: $375</td>
</tr>
</tbody>
</table>

*$50 discount if parent works a Ski Swap shift.

**YOUTH WRESTLING**

**INSTRUCTOR:** Jim Bennet

**Ages:** Grades K-8  
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>11901</td>
<td>11/12-3/13</td>
<td>M. T. F.</td>
<td>3pm-7pm</td>
<td>$75</td>
</tr>
</tbody>
</table>

$65 material fee

**YOUTH SPORTS DAY**

**INSTRUCTOR:** Angelo Tenorio & Staff

Lace up those sneakers and come try out some new sports! Sign up for the sports of your choice and learn the basics from local coaches and student athletes.

*Please sign up at the CRC Front Office to pick your sports. Sports may fill up and are on a first-come-first-served basis so sign up fast. Sign-ups start September 3, 2019.

**Ages:** Coed, Grades 1-5  
**Location:** Community Recreation Center and Truckee Swimming Pool

<table>
<thead>
<tr>
<th>Online Codes</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12774</td>
<td>10/27</td>
<td>Sun.</td>
<td>8:15am-1:30pm</td>
<td>$12</td>
</tr>
</tbody>
</table>
PRIVATE SWIM LESSONS
Our private swim teachers have over 100 years combined swim instruction experience. Customize your "learn to swim" or "stroke improvement" experience with us. Call us for availability and to reserve your lessons.
530-582-7720 Main office or at 530-550-4408.

MAYA TICE
Maya has been with TDRPD over a year, working both at the Pool, West End Beach as well as coaching the Summer Swim Team. She loves to work with all ages.
FEE: $45 for 30 minute lesson; $5 each additional person

RAELEIGH HARRIS
Coach Raeleigh is a World Triathlon Champion and is a certified Triathlon coach in both Australia and the USA. She provides personalized goal oriented instruction for Adult or Teen swimmers looking to take their abilities to the next level.
FEE: $45 for 30 minute lesson; $5 each additional person

LISA KUCERA
Lisa has been teaching with TDRPD for the past eight years. She understands the differences in teaching to an individual versus a group and her experience makes her great for any level or age.
FEE: $45 for 30 minute lesson; $5 each additional person

MICHELLE JOHNSON
Michelle has 25+ years of teaching and coaching experience. She provides personalized, goal oriented instruction for all ages and abilities.
FEE: $45 for 30 minute lesson; $5 each additional swimmer

SPECIAL NEEDS & ADA MODIFICATIONS
TDRPD takes pride in providing access and availability to all with disabilities. Individuals with disabilities are encouraged to register for any program that TDRPD offers. Reasonable modifications are made for those who meet the essential eligibility requirements for participation in recreational programs. If you need modifications, please email info@tdrpd.org at least two weeks prior to the program.

SPECIAL NEEDS SWIM LESSONS
INSTRUCTOR: Melinda Dewey
Swimming is an activity that improves balance, coordination and range of motion, all things that many special needs individuals may struggle with. Our talented special needs swim instructor can help you to improve skills in each area as you learn to swim in a warm one-on-one environment. Come learn a new life skill with us!

All Ages Location: Truckee Community Pool

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 9/29-10/29</td>
<td>Mon. or Sat. (5 classes)</td>
<td>$6.75 per class</td>
</tr>
<tr>
<td>S2: 11/3-12/17</td>
<td>Mon. or Sat. (5 classes)</td>
<td>paid per session</td>
</tr>
</tbody>
</table>

(PRIVATE SWIM LESSON CANCELLATION & TRANSFER POLICY)
- All modifications for private lessons, except those made by the instructor, will incur a $5 processing fee per participant, per lesson.
- Any cancellations made will incur a $15 processing fee per participant.
- Any cancellations made within 24 hours of lesson will forfeit all fees.

Swimming is an activity that improves balance, coordination and range of motion, all things that many special needs individuals may struggle with. Our talented special needs swim instructor can help you to improve skills in each area as you learn to swim in a warm one-on-one environment. Come learn a new life skill with us!
PARENT & TOT (6 months - 3 years)
Focus mainly on water acclimation with games, songs, and lots of toys. With your help (the parent) we introduce basic swimming skills and the principles of our Learn to Swim Program.
Offered on: MON. at 11:10am, 3:00pm • TUE. at 3:00pm • WED. at 10:00am • SAT. at 10:35am

PARENT & TADPOLE (2-3 years)
Water acclimation continues in this class, where the parent and teacher encourage basic swim skills through repetition and games. Child must have passed Parent and Tot or LOVE the water.
Offered on: MON. at 11:45 • WED. at 10:35am + 3:00pm • SAT. at 11:45am

GUPPIES (3-4 years)
This is a starting point for children with no prior experience in swim lessons. Children learn to relax and enjoy the water while acquiring beginning swim techniques. Ratio 1:4
Offered on: MON. at 10:00am, 3:00pm • TUE. at 4:45pm • WED. at 11:10am, 3:00pm • SAT. at 8:50am, 11:10am

GUPPY GRAD (3-5 years)
This class is for children who have passed guppy and feel comfortable putting their face in the water, but are too young for the Seahorse class. 5 year olds uncomfortable in the water may also take this level class. Intro to basic swimming skills, including front crawl and back floating. Ratio 1:4
Offered on: MON. at 10:35am, 3:35pm, 4:45pm • TUE. @3:00pm • WED. at 11:45am, 4:45pm • SAT. at 9:25am(x2)

SEAHORSE: Primary Skills (5+ years)
This class is for children who are 5 years and up who feel comfortable putting their face in the water. Intro to basic swimming skills, including freestyle and back floating. Ratio 1:5
Offered on: MON. at 3:35pm, 4:10pm, 5:20pm • TUE. at 3:35pm, 4:10pm, 5:50pm • WED. at 3:35pm, 4:45pm, 5:20pm • SAT. at 10:00am (x2)

TURTLE
Stroke Readiness. This class is for children who can comfortably swim 5 yards on their front and 5 yards on their back. Children will continue to learn front and back stroke, with introduction to side breathing, deep water swimming, and breaststroke. Ratio 1:6
Offered on: MON. at 4:45pm • TUE. at 3:35pm, 5:20pm • WED. at 3:35pm, 4:10pm • SAT. at 10:35am

SEAL
Stroke Development. This class is for children who can comfortably swim 15 yards on their front and 15 yards on their back. Skills include: side breathing, diving, breaststroke, elementary backstroke, diving and treading water. Ratio 1:6
Offered on: MON. at 4:10pm, 5:20 pm, 5:50pm • TUE. at 4:45pm, 5:20 pm • WED. at 4:10pm • SAT. at 11:10am

SWIM TEAM PREP(STP) CLASS
This class is for kids that are interested in joining swim team or just working on strength and endurance. For this level, swimmers must be able to swim 25 yards in freestyle and backstroke. Focus is on stroke development, including butterfly. Ratio 1:6
Offered on: MON. at 5:50pm • TUE. at 4:10pm • WED. at 5:20pm, 5:50pm • SAT. at 11:45am

ADULT SWIM LESSONS
Conquer your fear of swimming! Work in your comfort zone and at your own pace to learn how to swim. Lessons taught in the shallow, warm water pool.
Offered on: FRI. at 3:00pm • SAT. at 8:50am
**Aquatics**

**LIFEGUARD TRAINING CLASSES**

**INSTRUCTOR:** Lisa Kucera - lkucera@tdrpd.org for inquiries

The American Red Cross Lifeguard Training classes certifies persons (age 15+) to work as a lifeguard. Train with us to receive additional certification in: Lifeguarding Waterfronts, Oxygen, Epi Pen and Inhaler Administration, Advanced First Aid.

Participants must be able to pass the following swim test at the BEGINNING of class. Failure to pass will result in students not being able to take the course. Test includes: 550 yard swim, Retrieve a brick from 7 feet of water and swim with it above water for 20 yards, swim 15 yards under water and a no hands tread water for 2min. **Cert to work financial aid discount may apply.

**MERMAID SWIM**

Drop-in swim time for mermaids without their Mermaid University Certificate. **Mermaid time with certificate is any public swim times.

All Ages

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Mon-Fri</td>
<td>6pm-7pm</td>
<td>Regular Pool Admission Fees</td>
</tr>
</tbody>
</table>

**MERMAID UNIVERSITY**

**INSTRUCTOR:** Pool Staff

Learn to swim like a mermaid! This fun class will have you flipping your fins like Ariel. Children must have passed our swim test OR have a parent in the water, with them. This class is required to swim with your tail during open swim times. Please bring your own tail or purchase at the pool for $110.

Ages: 6-12

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>12438</td>
<td>11/1-12/20</td>
<td>Fri.</td>
<td>3:45pm-4:15pm</td>
</tr>
<tr>
<td>S2</td>
<td>12439</td>
<td>1/10-2/28</td>
<td>Fri.</td>
<td>5:45pm-6:45pm</td>
</tr>
<tr>
<td>S3</td>
<td>12440</td>
<td>3/6-4/24</td>
<td>Fri.</td>
<td>5:45pm-6:45pm</td>
</tr>
</tbody>
</table>

**FLIPS, DIVES N’ DUNKS**

**INSTRUCTOR:** Pool Staff

Come play with us! This class is not your typical swim lesson. We invite you to learn diving board tricks, rope climb techniques, under water swimming and play water basketball or volleyball. Take your water skills to the next level.

Ages: Grades 4-10

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>12431</td>
<td>11/1-12/20</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
<tr>
<td>S2</td>
<td>12432</td>
<td>1/10-2/28</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
<tr>
<td>S3</td>
<td>12433</td>
<td>3/6-4/24</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
</tbody>
</table>

**SWIM STAMINA FOR KIDS**

**INSTRUCTOR:** Pool Staff

If your child or teenager is beyond our Learn To Swim, but not interested in joining swim team, this class is for you. You will learn proper technique and build endurance. Great for surfers, paddlers and JR Lifeguards.

Ages: Grades 4-10

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>12434</td>
<td>11/1-12/20</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
<tr>
<td>S2</td>
<td>12435</td>
<td>1/10-2/28</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
<tr>
<td>S3</td>
<td>12436</td>
<td>3/6-4/24</td>
<td>Fri.</td>
<td>4:30pm-5:30pm</td>
</tr>
</tbody>
</table>

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**LIFEGUARD REVIEW**

**INSTRUCTOR:** Lisa Kucera

Your Lifeguard certification will expire after 2 years if you don't take a review class to stay current.

Ages: 17+ **must have current or recently expired LG certification**

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>12369</td>
<td>3/23</td>
<td>Mon.</td>
<td>8am-4pm</td>
</tr>
</tbody>
</table>

**LIFEGUARD INSTRUCTOR REVIEW**

**INSTRUCTOR:** Amanda Oberacker - Amanda@tdrpd.org for more information.

Get certified via the American Red Cross to teach your own lifeguard classes. Candidates must have a current Lifeguard Instructor Certificate and be able to pass the skills prerequisite.

Ages: 18+ **must have current or recently expired LG Instructor Certificate**

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>12370</td>
<td>10/8 &amp; 10/10</td>
<td>Tue. &amp; Thu.</td>
<td>8am-4pm</td>
</tr>
</tbody>
</table>

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ADULT ONLY SWIM
An opportunity for adults to use the recreation and therapy pool without the "little ones" running around. All areas of the Rec Pool will be open for ADULTS ONLY!

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Mon.-Fri.</td>
<td>9am-10am</td>
<td>Regular pool admission fee</td>
</tr>
</tbody>
</table>

SUP FITNESS
INSTRUCTOR: Tarin O'Donnell
Take your work out on the water! Using paddleboards, we move through exercises using body weight, bands and other modalities. Please wear snug fit clothing that can get wet, or athletic bathing suit.

<table>
<thead>
<tr>
<th>Age: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Starts 9/5 Ongoing</td>
<td>Tue. &amp; Thu.</td>
</tr>
</tbody>
</table>

SUP YOGA
INSTRUCTOR: Tarin O'Donnell
Using a paddleboard as your floating yoga mat, we explore a balanced practice of movement and connection. Please wear snug fit clothing that can get wet, or athletic bathing suit.

<table>
<thead>
<tr>
<th>Age: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Starts 9/5 Ongoing</td>
<td>Tue. &amp; Thu.</td>
</tr>
</tbody>
</table>

SCUBA CERTIFICATION THROUGH NAUI
INSTRUCTOR: Derek Larson
Get your pool and classroom scuba certification (which you can bring to complete your open water dives) on your schedule and at your pace. The intimate small group setting offered by Derek provides lots of feedback, flexible scheduling & quality instruction. ** Students must have their own mask, fin and snorkel.

<table>
<thead>
<tr>
<th>Ages: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Starts 9/5 Ongoing</td>
<td>Tue. &amp; Thu.</td>
</tr>
</tbody>
</table>

STROKE IMPROVEMENT
INSTRUCTOR: Raeleigh Harris
90 minute group session including video analysis designed to improve stroke. Must be able to swim 200 yards of the pool. Registration must be made 48 hours in advance.

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1: 12728</td>
<td>10/26</td>
<td>Sat.</td>
<td>8am-9:30am</td>
<td>$95</td>
</tr>
<tr>
<td>$2: 12729</td>
<td>11/23</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>$3: 12730</td>
<td>12/14</td>
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<td>$4: 12731</td>
<td>1/18</td>
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<td></td>
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<tr>
<td>$5: 12732</td>
<td>2/15</td>
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<tr>
<td>$6: 12733</td>
<td>3/21</td>
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<tr>
<td>$7: 12734</td>
<td>4/25</td>
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<td></td>
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<tr>
<td>$8: 12735</td>
<td>5/23</td>
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</tbody>
</table>

WATER YOGA
INSTRUCTOR: Eileen Allen (Mon.) and Joanna McMullens (Wed.)
Water Yoga takes the principles and movements of yoga and adapts them to the water environment. With the release of gravity the body is able to find the optimum stretch. By using the rhythm of the breath an inner sense of relaxation can be achieved.

<table>
<thead>
<tr>
<th>Age: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Mon. &amp; Wed.</td>
</tr>
</tbody>
</table>

KAYAK ROLLS
Open time at the pool to practice your roll. No instruction provided but lots of camaraderie with fellow kayakers. Open to the first 6 boats. 2-3 lanes only.

<table>
<thead>
<tr>
<th>Age: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Mon. &amp; Fri.</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Fri.</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Sun.</td>
</tr>
</tbody>
</table>

AQUA HIIT
INSTRUCTOR: Shelley Nielsen
AquaHIIT is a High Intensity Interval Training (HIIT) class that guarantees to get your heart pumping and burn calories. Combining periods of intense exercise and varying amounts of rest. With water providing up to 42% more resistance than air, the pool provides a perfect place to conduct HIIT workouts by allowing you to work out at a higher intensity with less impact on the body.

<table>
<thead>
<tr>
<th>Ages: 14+</th>
<th>Location: Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Tue., Thu.</td>
</tr>
</tbody>
</table>

DEEP H2O AEROBICS
INSTRUCTOR: Brittany
You can sweat when wet! Join staff as they run you through 60 minute of heart pumping water exercises. Great for low impact cardio.

<table>
<thead>
<tr>
<th>Ages: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Mon. &amp; Wed.</td>
</tr>
</tbody>
</table>

BOOST MASTERS SWIM CLUB
INSTRUCTOR: Jeff Pearson
The Boost Swim Squad is designed for everyone from total beginners to high level swimmers with different workouts for different ability levels. Whether your goals are performance or fitness oriented, our training group will help you improve. Triathletes, masters swimmers, and those just looking to get fit are all welcome. We employ a combination of technique work with energy system training so you get the most out of your time in the pool. Our environment is light and supportive with an intimate small group setting. The Boost Swim Squad is designed for everyone from total beginners to high level swimmers with different workouts for different ability levels. Whether your goals are performance or fitness oriented, our training group will help you improve. Triathletes, masters swimmers, and those just looking to get fit are all welcome. We employ a combination of technique work with energy system training so you get the most out of your time in the pool. Our environment is light and supportive with an intimate small group setting. The Boost Swim Squad is designed for everyone from total beginners to high level swimmers with different workouts for different ability levels. Whether your goals are performance or fitness oriented, our training group will help you improve. Triathletes, masters swimmers, and those just looking to get fit are all welcome. We employ a combination of technique work with energy system training so you get the most out of your time in the pool. Our environment is light and supportive with an intimate small group setting. The Boost Swim Squad is designed for everyone from total beginners to high level swimmers with different workouts for different ability levels. Whether your goals are performance or fitness oriented, our training group will help you improve. Triathletes, masters swimmers, and those just looking to get fit are all welcome. We employ a combination of technique work with energy system training so you get the most out of your time in the pool. Our environment is light and supportive with an intimate small group setting.

<table>
<thead>
<tr>
<th>Age: 18+</th>
<th>Location: Truckee Community Pool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Days</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Tues. &amp; Th.</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## ADULT WEEKLY CALENDAR

**ONGOING DROP-IN PROGRAMS EVERY DAY OF THE WEEK TO KEEP YOU ACTIVE AND HAVING FUN!**

### ARTS, AQUATICS, FITNESS & SPORTS

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zumba</td>
<td>Jazzercise</td>
<td>Jazzercise</td>
<td>Jazzercise</td>
<td>Jazzercise</td>
<td>Jazzercise</td>
</tr>
<tr>
<td>7:45am-8:45am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
</tr>
<tr>
<td>Jazzercise</td>
<td>Deep H2O</td>
<td>Deep H2O</td>
<td>Aqua HIIT</td>
<td>Aqua HIIT</td>
<td>Aqua HIIT</td>
</tr>
<tr>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
<td>9:00am-10:00am</td>
</tr>
<tr>
<td>Deep H2O</td>
<td>Ki Gong</td>
<td>Ki Gong</td>
<td>Ballet w/stretch</td>
<td>Ballet w/stretch</td>
<td>Ballet w/stretch</td>
</tr>
<tr>
<td>9:00am-10:00am</td>
<td>9:00am-10:30am</td>
<td>9:15am-10:30am</td>
<td>9:15am-10:30am</td>
<td>9:15am-10:30am</td>
<td>9:15am-10:30am</td>
</tr>
<tr>
<td>Water Yoga</td>
<td>SUP Yoga</td>
<td>Drop-In Basketball</td>
<td>Drop-In Basketball</td>
<td>Drop-In Basketball</td>
<td>Drop-In Basketball</td>
</tr>
<tr>
<td>10:00am-11:00am</td>
<td>10:00am-11:00am</td>
<td>11:00am-1:30pm</td>
<td>10:30am-2:30pm</td>
<td>10:30am-2:30pm</td>
<td>10:30am-2:30pm</td>
</tr>
<tr>
<td>Drop-In Basketball</td>
<td>SUP Fitness</td>
<td>Drop-In Pickleball</td>
<td>Drop-In Pickleball</td>
<td>SUP Fitness</td>
<td>SUP Fitness</td>
</tr>
<tr>
<td>11:00am-1:30pm</td>
<td>11:00am-12:00pm</td>
<td>10:30am-1:30pm</td>
<td>10:30am-2:30pm</td>
<td>11:00am-12:00pm</td>
<td>11:00am-12:00pm</td>
</tr>
<tr>
<td>Zumba</td>
<td>Water Polo</td>
<td>Zumba</td>
<td>Swing Dance</td>
<td>Belly Dancing</td>
<td>Belly Dancing</td>
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<tr>
<td>5:30pm-6:30pm</td>
<td>5:45pm-6:30pm</td>
<td>5:30pm-6:30pm</td>
<td>6:00pm-8:00pm</td>
<td>6:30pm-7:45pm</td>
<td>6:30pm-7:45pm</td>
</tr>
<tr>
<td>Drop-In Pickleball</td>
<td>Kayak Rolls- Drop-In</td>
<td>Drop-In Pickleball</td>
<td>Drop-In Pickleball</td>
<td>Kayak Rolls- Drop-In</td>
<td>Kayak Rolls- Drop-In</td>
</tr>
<tr>
<td>6:00pm-8:00pm</td>
<td>6:00pm-8:00pm</td>
<td>6:00pm-8:00pm</td>
<td>5:00pm-7:45pm</td>
<td>5:00pm-7:45pm</td>
<td>12:00pm-5:00pm</td>
</tr>
<tr>
<td>(June 14-Aug. 23)</td>
<td>(June 14-Aug. 23)</td>
<td>(June 14-Aug. 23)</td>
<td>(starts April 20)</td>
<td>(starts April 20)</td>
<td>(starts April 20)</td>
</tr>
<tr>
<td>Open To Public Climbing</td>
<td>Open To Public Climbing</td>
<td>Open To Public Climbing</td>
<td>Open To Public Climbing</td>
<td>Open To Public Climbing</td>
<td>Open To Public Climbing</td>
</tr>
<tr>
<td>6:15pm-8:00pm</td>
<td>6:15pm-8:00pm</td>
<td>6:15pm-8:00pm</td>
<td>6:15pm-8:00pm</td>
<td>6:15pm-8:00pm</td>
<td>6:15pm-8:00pm</td>
</tr>
<tr>
<td>Life Drawing</td>
<td>Life Drawing</td>
<td>Life Drawing</td>
<td>Life Drawing</td>
<td>Life Drawing</td>
<td>Life Drawing</td>
</tr>
<tr>
<td>7:00pm-9:00pm</td>
<td>7:00pm-9:00pm</td>
<td>7:00pm-9:00pm</td>
<td>7:00pm-9:00pm</td>
<td>7:00pm-9:00pm</td>
<td>7:00pm-9:00pm</td>
</tr>
</tbody>
</table>

**SUNDAY**

<table>
<thead>
<tr>
<th>Drop-In Pickleball</th>
<th>Drop-In Pickleball</th>
<th>Kayak Rolls- Drop-In</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am-12:00pm</td>
<td>5:00pm-7:45pm</td>
<td>12:00pm-5:00pm</td>
</tr>
</tbody>
</table>
**AIKIDO**
**INSTRUCTOR:** Sally Jones
Aikido is a non-aggressive, non-competitive Martial Art teaching new ways of responding to ‘being attacked’. Our beginner class is a gentle introduction to the practice. You do not need experience or special equipment.

**Ages:** 16+
**Location:** (Wed.) Community Recreation Center
(Sun.) Veterans Building

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Wed.</td>
<td>6pm-7:30pm</td>
<td>$50 monthly</td>
</tr>
<tr>
<td></td>
<td>Sun.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**KI GONG FOR ADULTS**
Ki Gong is designed to promote health, well-being, longevity and mindfulness. The movements can be accomplished regardless of physical condition or physical issues, and can be done in a sitting position.

**Ages:** 13+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Tue.</td>
<td>9am-10:30am</td>
<td>$20 monthly</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>$7 drop-in</td>
</tr>
</tbody>
</table>

**PERSONAL TRAINING**
**INSTRUCTOR:** Gavin Debus (truckeefitness@gmail.com)
Gavin Debus has been a personal trainer/life coach for the past 22 years. In that time, he has provided individuals with over 18,000 personal training sessions. Gavin specializes in a functional training style, which consists of nonstop 30 or 60-minute workouts with full body movements mixed with cardio, core exercises, and balance. The goal of his functional training style is to ensure maximum results in the shortest amount of time. He also specializes in couples and partner workouts that keeps the cost down for tandem workouts. He also assists clients with grocery shopping and provides cooking lessons to ensure that his clients are properly educated about shopping and eating properly and are able to be successful in these areas.

**Ages:** 17+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>M, W, Th.</td>
<td>1pm-5:30pm</td>
<td>$70 - $80 per hr.</td>
</tr>
</tbody>
</table>

**JAZZERCISE**
Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip swiveling, dance party with a hot play list.

**Ages:** 18+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Mon.-Sat.</td>
<td>9am-10am</td>
<td>Check with Jazzercise instructor</td>
</tr>
</tbody>
</table>

**BELLYDANCE**
**INSTRUCTOR:** Heather Rose-Ford
This program is an all levels belly dancing workout! Learn isolations, shimmies & hip movements & Middle Eastern Drum Beats.

**Ages:** 14+
**Location:** Community Arts Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Thu.</td>
<td>6:30pm-7:45pm</td>
<td>$12 per class paid monthly $15 drop-ins</td>
</tr>
</tbody>
</table>

**ZUMBA MORNINGS**
**INSTRUCTOR:** Heather Rose-Ford
Come join the calorie burning dance party, where Latin and world rhythms meet. A total workout combines all elements of fitness.

**Ages:** 18+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>6 week Sessions</th>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>10/7-10/28</td>
<td>Mon.</td>
<td>7:45am-8:45am</td>
<td>$12 per class paid monthly $15 drop-ins</td>
<td></td>
</tr>
</tbody>
</table>

**ZUMBA**
**INSTRUCTOR:** Fancy Hernandez Crowley
Zumba is a fitness program that combines Latin and International music with dance moves. Zumba routines incorporate interval training (alternating fast and slow rhythms) and resistance training. Join us for a fun and fitness filled time!

**Ages:** 16+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>9/14-10/9</td>
<td>Mon. &amp; Wed.</td>
<td>5:30pm-6:30pm</td>
</tr>
<tr>
<td>S2</td>
<td>11/18-12/11</td>
<td></td>
<td>$15 drop-in</td>
</tr>
<tr>
<td>S3</td>
<td>1/6-1/29</td>
<td>No Class 1/20</td>
<td></td>
</tr>
<tr>
<td>S4</td>
<td>2/3-3/4</td>
<td></td>
<td>$15 drop-in</td>
</tr>
<tr>
<td>S5</td>
<td>3/9-4/1</td>
<td></td>
<td>$15 drop-in</td>
</tr>
</tbody>
</table>

**PERSONAL TRAINING**
**INSTRUCTOR:** Heiko Mueller (info@heikoach.com)
Heiko Mueller is a Sports Scientist from Germany, where he was certified as a personal trainer by the German Fitness Teacher Association. He trains athletes from individual and team sports to improve their performance or recover from serious injury. The way you execute the movements is essential to advance in your training sustainable. He also works with non-athletes to prevent or rehabilitate physical complaints like joint or back pain, focusing on correct use of the muscles in movements for daily activities. He is a strength and conditioning coach with extensive education and practical experience in sports science. Dynamic and inspiring personality. Specialize in body alignment, back pain management, and injury prevention. Consultant in metabolic testing, nutrition and weight management.

**Ages:** 17+
**Location:** Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Mon.-Fri.</td>
<td>7am-6pm</td>
<td>$70 - $80 per hr.</td>
</tr>
</tbody>
</table>

Times and prices vary. Please contact Hieko directly to setup your new client appointment at info@heikoach.com.
**BEYOND OBEDIENCE - PUPPY/DOG TRAINING WITH JEANIE COLLINS DUFFIELD, CPDT**

**PUPPY PRESCHOOL**  
**INSTRUCTOR:** Jeanie Collins Duffield, CPDT  
This class will cover a few of the things that are most concerning to owners of very young puppies (house training, biting, learning how to be left alone) as well as providing exposure to other puppies, to other people, novel environments and objects for this MOST IMPORTANT PART of your puppy’s life. This class will also teach you some valuable and important training exercises for your puppy.

Puppies up to 18 weeks old • Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12358</td>
<td>8/27-9/17</td>
<td>Tue.</td>
<td>10am-11am</td>
<td>$160</td>
</tr>
<tr>
<td>12359</td>
<td>10/29-11/19</td>
<td>Tue.</td>
<td>10am-11am</td>
<td>$160</td>
</tr>
</tbody>
</table>

**KINDERGARTEN PUPPY TRAINING**  
**INSTRUCTOR:** Jeanie Collins Duffield, CPDT  
This class is for older puppies and will guide you through one of the more challenging times of a dog’s life - their adolescence! Some topics covered will be continued socialization, control and focus, leash walking, as well as learning some basic manners.

Dogs 18 weeks-8 months • Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12360</td>
<td>8/27-9/17</td>
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<tr>
<td>12361</td>
<td>10/29-11/19</td>
<td>Tue.</td>
<td>11:30am-12:30pm</td>
<td>$160</td>
</tr>
</tbody>
</table>

**PUPPY GRADUATE TRAINING**  
**INSTRUCTOR:** Jeanie Collins Duffield, CPDT  
These classes are designed for people who want more reliability in their dogs’ responses at a distance as well as with distractions. The purpose of this class is to help you take your dog or puppy to the next level of training. The emphasis of this class will be on strengthening your puppy or dog’s focus on you around distractions, as well as teaching them to respond at a distance. Many of these dogs will be in adolescence, which can be challenging for even the BEST of trainers. Continuing your training and socialization of your dog will help to transform them into the kind of companion all of us love to have around.

Only for graduates of  
Private in-home training, Kindergarten or Basic Companionship Training  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12362</td>
<td>8/28-9/18</td>
<td>Wed.</td>
<td>10am-11am</td>
<td>$160</td>
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<tr>
<td>12363</td>
<td>10/30-11/20</td>
<td>Wed.</td>
<td>10am-11am</td>
<td>$160</td>
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**ADULT BALLET WITH STRETCH**  
**INSTRUCTOR:** Sherrie Peterson  
Ages: 18+  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ongoing</td>
<td>Tue.</td>
<td>9:15am-10:30am</td>
<td>$12 per class paid monthly $15 drop-ins</td>
</tr>
</tbody>
</table>

**INTRO TO BALLROOM**  
**INSTRUCTOR:** Kent Gustafson  
This class is for adults with little to no ballroom/dance experience. We do a sampling of multiple dance over the 4 classes like Foxtrot, Swing etc., and you will be ready to show off on the dance floor in no time!

Ages: 18+  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12252</td>
<td>10/2-10/23</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S2: 12254</td>
<td>10/30-11/20</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S3: 12255</td>
<td>11/27-12/18</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S4: 12256</td>
<td>1/8-1/29</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S5: 12257</td>
<td>2/5-2/26</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S6: 12258</td>
<td>3/4-3/25</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S7: 12259</td>
<td>4/1-4/22</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S8: 12260</td>
<td>5/6-6/3</td>
<td>Wed.</td>
<td>6pm-7pm</td>
<td>$40 per person $70 per couple</td>
</tr>
</tbody>
</table>

**BEGINNER BALLROOM**  
**INSTRUCTOR:** Kent Gustafson  
Beginner Ballroom is for students with some dance experience. Basic ballroom skills are required. You will learn the Fox Trot, Swing, Waltz, Tango, Cha Cha, Rhumba, Two Step and West Coast swing.

Ages: 18+  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12245</td>
<td>10/2-10/23</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S2: 12246</td>
<td>10/30-11/20</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S3: 12247</td>
<td>11/27-12/18</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S4: 12248</td>
<td>1/8-1/29</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S5: 12249</td>
<td>2/5-2/26</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S6: 12250</td>
<td>3/4-3/25</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S7: 12251</td>
<td>4/1-4/22</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
<tr>
<td>S8: 12252</td>
<td>5/6-6/3</td>
<td>Wed.</td>
<td>7pm-8pm</td>
<td>$40 per person $70 per couple</td>
</tr>
</tbody>
</table>

**SPANISH FOR ADULTS BEGINNERS**  
**INSTRUCTOR:** Julie Morrow  
Learn Spanish in a fun and simplified way. This class is designed to establish a strong foundation and promote future success in learning Spanish. This class will strongly develop the four essential skills of learning Spanish: understanding, speaking, reading and writing. Please bring a pen or a pencil and a notebook. Drop-ins welcome.

Ages: 18+  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12425</td>
<td>10/5-10/26</td>
<td>Sat.</td>
<td>10am-11am</td>
<td>$15 per class paid monthly drop-ins: $18</td>
</tr>
</tbody>
</table>

**APRENDE INGLES - ENGLISH FOR SPANISH SPEAKERS**  
**INSTRUCTOR:** Julie Morrow  
Clases para los hispanohablantes. Aprende Inglés con una profesora con 15 anos de experienceia ensenando Ingles y Espanol. Por favor traiga un boligrafo o un lapis y un cuaderno.

Ages: 18+  
Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1: 12429</td>
<td>10/5-10/26</td>
<td>Sat.</td>
<td>11am-12am</td>
<td>$15 per class paid monthly drop-ins: $18</td>
</tr>
</tbody>
</table>
**LIFE DRAWING**
**INSTRUCTOR:** John Pugh
Join us for a drop-in, non-instructional gathering. We will be drawing from life, with short to long poses progressively. This class is designed for intermediate artists looking for an open place to drop-in and create. Adults only.

Ages: 18+  Location: Community Arts Center

<table>
<thead>
<tr>
<th>Online Code</th>
<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>11469</td>
<td>Ongoing</td>
<td>Mon.</td>
<td>7pm-9pm</td>
<td>$20 per class</td>
</tr>
</tbody>
</table>

**FIRST AID & SAFETY**

**CPR FOR PROFESSIONAL RESCUER (AND LIFEGUARDS) REVIEW**
The CPR PRO class is for healthcare providers, lifeguards and EMT’s who need to renew their certificate or simply brush up on their CPR skills.

Ages: 18+

<table>
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<tr>
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<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>12/6</td>
<td>Fri.</td>
<td>7:30pm-10:30pm</td>
<td>$77</td>
</tr>
<tr>
<td>S2:</td>
<td>4/24</td>
<td>Fri.</td>
<td>7:30pm-10:30pm</td>
<td>$77</td>
</tr>
</tbody>
</table>

**FIRST AID CPR & AED CERTIFICATION**
**INSTRUCTOR:** Lisa Kucera
Let TDRPD train you, your family or your staff in American Red Cross First Aid Classes. Traditional certifications are for CPR, AED and First Aid for Adult, Children and Infants, however additional certifications can be obtained in any or all of the following:
CPR & AED for Adult Only
CPR & AED for Children and Infants
Basic First Aid
Advanced First Aid

Ages: 16+  Location: Truckee Community Pool

<table>
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<tr>
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<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1:</td>
<td>11/14</td>
<td>Thu.</td>
<td>6pm-8pm</td>
<td>$77 per session</td>
</tr>
<tr>
<td>S2:</td>
<td>2/11</td>
<td>Tue.</td>
<td>6pm-8pm</td>
<td>$77 per session</td>
</tr>
<tr>
<td>S3:</td>
<td>4/27</td>
<td>Mon.</td>
<td>6pm-8pm</td>
<td>$77 per session</td>
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</table>

* Fee includes Red Cross Certification.

**CUSTOM CPR CLASSES**
(review or full classes) Group pricing available!
Contact Lisa at lkucera@tdrpd.org for more information.

**TCT PRESENTS: THE CHRISTMAS EXPRESS**
**INSTRUCTOR:** Stewart Ayers
TCT invited adults actors to audition for the Christmas Express, a very funny, insightful and moving holiday show concerning eccentric small town characters who wise-crack their way to finding the true wonder of Christmas. On the way, they make us all wish we could take a ride on The Christmas Express!

**Auditions:** Sept. 18, 6pm
**Rehearsals:** Starting Sept. 26, on Thursdays from 6-9pm
Starting November 16, Wednesdays and Thursdays from 6-9pm
**Performances** Dec. 19, 20 and 21

Ages: 18+  Location: Community Arts Center

<table>
<thead>
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<th>Online Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>12219</td>
<td>Wed.</td>
<td>6pm-9pm</td>
<td>$30</td>
</tr>
</tbody>
</table>

**TCT PRESENTS: STEEL MAGNOLIAS**
**INSTRUCTOR:** Stewart Ayers

**Auditions:** Dec. 4 and 5 from 6-9pm at CAC
**Rehearsals:** T, W, Th 6-9 pm Starting Feb 4
**Performances** March 28-30 + April 3-5

Ages: 15+  Location: Community Arts Center

<table>
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<th>Online Code</th>
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<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>12382</td>
<td>Tue., Wed., Thu.</td>
<td>6pm-9pm</td>
<td>$30 paid to TCT</td>
</tr>
</tbody>
</table>

SEE PG. 28 FOR MATILDA, THE MUSICAL
BASKETBALL LEAGUES

3 ON 3 LEAGUE
3 on 3 Basketball is fun and helps improve your overall game. We offer 2 divisions: Open (open to all players and our most competitive) and 35+ (all players must be 35 or older to participate).

Ages: 18+  Location: Alder Creek Middle School

Onine Code Dates Days Time Fee
Open: 12380 11/4-4/6 Mon. 6pm-8pm $220 per team
35+: 12381 11/4-4/6

FULL COURT LEAGUE
Teams from Truckee and Lake Tahoe compete in our fun and competitive league. Register as a team. Free agents looking for teams should contact Angelo at angelo@tdrpd.org.

Ages: 18+  Location: Community Recreation Center

Online Codes Dates Days Time Fee
Fall: 12378 11/6-1/22 Wed. 6pm-10pm $435 per team
Spring: 12379 2/5-4/8

POND HOCKEY LEAGUE
ADULT SMALL RINK
Fast paced, non-contact hockey games for adults. Teams play 3 on 3 with three 20min. periods. Leagues will fill up, so sign up early. Must have your own equipment. Look out for rink drop-in nights to get ready for the season and meet other league players.

*** Registration open for returning teams starts on Oct 7.
****Registration for new teams starts Oct 21.

Ages: 18+  Location: Truckee Ice Rink

Online Codes Dates Days Time Fee
B: 12340 12/5-3/5 Thu. 7pm-11pm $525 per team
C: 12341 12/4-3/4 Wed. 7pm-11pm $525 per team

FREE AGENTS!!!
Want to join a team, but don’t know how? Email angelo@tdrpd.org to be put on our free agent list. It is helpful to include a short description of your experience and the level of competition you are looking for. Enterprise free agents can combine forces and create a new team. Drop-in is always a great place to start meeting players that play in the leagues. Rec League games are always open to the public, if you want to check out the action or see if any teams are looking for players.

WEATHER CANCELLATIONS, UPDATES, SCHEDULES & STANDINGS VISIT: TEAMSIDELINE.COM/TRUCKEE
FOR ADDITIONAL QUESTIONS EMAIL ANGELO@TDRPD.ORG

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EVENING PRE-SEASON BASKETBALL
Get ready for the start of our Full Court leagues with evening drop-in times.

Ages: 18+  Location: Community Recreation Center

Onine Code Dates Days Time Fee
9/25, 10/2, 10/9 Tue., Thu. 6pm-8pm $5 drop-in

VOLLEYBALL LEAGUE
Teams of 6 compete in our coed volleyball league. We offer “A” and “B” leagues or players of all ability levels. Get your friends and co-workers together and form a team.

Ages: 18+  Location: Community Recreation Center

Online Codes Dates Days Time Fee
Fall A: 12374 10/7-12/9 Mon. 6pm-10pm $370 per team
Fall B: 12375 10/7-12/9 Mon. 6pm-10pm $370 per team
Winter A: 12376 1/6-4/9 Mon. 6pm-10pm $370 per team
Winter B: 12377 1/6-4/9 Mon. 6pm-10pm $370 per team

FUTSAL LEAGUE
Looking for a place to play soccer during the long winter? We offer “A” and “B” leagues for players of all ability levels. Teams of five play in an eight game season with playoffs.

Ages: 18+  Location: Community Recreation Center

Online Codes Dates Days Time Fee
Fall A: 12342 11/5-1/21 Tue. 6:15pm-10:15pm $495 per team
Fall B: 12343 11/7-1/23 Thu. 6:15pm-10:15pm $495 per team
Spring A: 12344 2/11-4/14 Tue. 6:15pm-10:15pm $495 per team
Spring B: 12345 2/13-4/16 Thu. 6:15pm-10:15pm $495 per team

VOLLEYBALL PRE-SEASON OPEN GYM
Get ready for our volleyball league with some fun drop-in play!

Ages: 18+  Location: Community Recreation Center

Dates Days Time Fee
9/9-9/23 Mon. 6pm-8:30pm $5 drop-in

FUTSAL PRE-SEASON OPEN GYM
Get yourself ready for our Futsal league with our fun drop-in nights. Organized pick-up games will help you get your soccer fix, even with the fields all covered with snow.

Ages: 18+  Location: Community Recreation Center

Online Codes Dates Days Time Fee
Fall: 10/8-10/29 Tue. & Th. 6:30pm-10pm $5 drop-in
Holidays: 12/26-1/2 Th. 6pm-8:30pm $5 drop-in
Spring: TBA Tue. & Th. 6pm-8:30pm $5 drop-in

WEATHER CANCELLATIONS, UPDATES, SCHEDULES & STANDINGS VISIT: TEAMSIDELINE.COM/TRUCKEE
FOR ADDITIONAL QUESTIONS EMAIL ANGELO@TDRPD.ORG

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Get ready for the start of our Full Court leagues with evening drop-in times.

Ages: 18+  Location: Community Recreation Center

Onine Code Dates Days Time Fee
9/25, 10/2, 10/9 Tue., Thu. 6pm-8pm $5 drop-in

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3 ON 3 LEAGUE
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Ages: 18+  Location: Community Recreation Center

Online Code Dates Days Time Fee
Fall: 12378 11/6-1/22 Wed. 6pm-10pm $435 per team
Spring: 12379 2/5-4/8

POND HOCKEY LEAGUE
ADULT SMALL RINK
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*** Registration open for returning teams starts on Oct 7.
****Registration for new teams starts Oct 21.

Ages: 18+  Location: Truckee Ice Rink

Online Codes Dates Days Time Fee
B: 12340 12/5-3/5 Thu. 7pm-11pm $525 per team
C: 12341 12/4-3/4 Wed. 7pm-11pm $525 per team

BROOMBALL LEAGUE
Back for another season! All broomball players 18+ are invited to play; sign up with a team of at least 6 players. No skating experience is required. We provide “brooms” and pucks, you provide your own helmet, snow boots or broomball shoes and safety gear. Face masks are encouraged, Goalie MUST wear face mask! Returning teams sign up October 7 new team sign up starts October 21.

Please check www.teamsideline.com/truckee for schedule!

Ages: 18+  Location: Truckee Ice Rink

Online Codes Dates Days Time Fee
12/3-3/3 Tue. 6:30pm-10pm $540 per team

FREE AGENTS!!!
Want to join a team, but don’t know how? Email angelo@tdrpd.org to be put on our free agent list. It is helpful to include a short description of your experience and the level of competition you are looking for. Enterprise free agents can combine forces and create a new team. Drop-in is always a great place to start meeting players that play in the leagues. Rec League games are always open to the public, if you want to check out the action or see if any teams are looking for players.
HOCKEY DROP-IN
Adults and skilled teens (16+), bring your own gear for two hours of drop-in play. No contact, no goalies, no passes, no comps – just fast past skating and shooting to get your skills up. Please note, attendance is limited to the first 20 players.

Ages: 16+  Location: Truckee Ice Rink

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td></td>
<td>11/24-3/15</td>
<td>Sun. 8pm-10pm</td>
</tr>
</tbody>
</table>

WOMENS HOCKEY DROP-IN
Adults and skilled teens (16+), bring your own gear for two hours of drop-in play. No contact, no goalies, no passes, no comps – just fast past skating and shooting to get your skills up. Please note, attendance is limited to the first 20 players.

Ages: 16+  Location: Truckee Ice Rink

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<tr>
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<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td></td>
<td>11/25-3/14</td>
<td>Mon. 8pm-10pm</td>
</tr>
</tbody>
</table>

BASKETBALL DROP-IN
NOON BALL
The best pick-up basketball in the Tahoe region! If you want to meet some local players and get on a league team, start here.

Ages: 18+  Location: Community Recreation Center

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>M. W. F.</td>
<td>11am-1:30pm</td>
<td>$5 drop-in</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$45 Punchcard (10 visits)</td>
<td></td>
</tr>
</tbody>
</table>

50+ EVENING DROP-IN
Fun basketball with a great group of players. Relive the glory days on the legendary Veterans Hall hardwood.

Ages: 50+  Location: Veterans Hall

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/12-4/21</td>
<td>Tue.</td>
<td>6pm-7:30pm</td>
<td>$5 drop-in</td>
</tr>
</tbody>
</table>

PICKLEBALL DROP-IN

Pickleball is one of our most popular programs. It is an easy to learn game that quickly develops into fast paced fun for all ages. Racquets and balls provided or you can bring your own.

Ages: 16+  Location: Community Recreation Center

<table>
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<tbody>
<tr>
<td>Ongoing</td>
<td>Tue. &amp; Thu.</td>
<td>10:30am-2:30pm</td>
<td>$5 drop-in</td>
</tr>
<tr>
<td>Ongoing</td>
<td>Sun.</td>
<td>8am-12pm</td>
<td>$45 punchcard (10 visits)</td>
</tr>
</tbody>
</table>

PICKLEBALL INSTRUCTION

INSTRUCTOR: Dan Jenkins
Learn the basics of the game, rules, play, technique, stroke mechanics and strategy.

Ages: 18+  Location: Community Recreation Center

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>Sun.</td>
<td>12:30am-4:30pm</td>
<td>Private: $70 per hr.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Semi-Private: $30 per hr. per person.</td>
</tr>
</tbody>
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</table>
FAMILY RESOURCE CENTER OF TRUCKEE
Location: Next to the KidZone Museum
Contact: 530-587-2513
The Family Resource Center provides advocacy and support in addressing fundamental needs of families and helping them navigate the human services system. The FRC also provides a variety of on-site programming, including Legal Self-Help and Meditation; Infant & Toddler Enrichment Classes; health education and support in obtaining health insurance. Services are provided in English and Spanish.

sierra nevada children's services
Location: 10075 Levon St, Suite 210A
Contact: 530-587-5960 or www.sncs.org
This non-profit agency provides services to children and families in Nevada and Sierra counties. Services include subsidized childcare, resources and referrals to parents seeking childcare, parenting education services, and technical assistance to childcare providers.

TAHOE FOREST HOSPITAL
Location: 10710 Donner Pass Road, Truckee
Contact: (530) 587-3769
HEALTH & WELLNESS PROGRAMS
Tahe Forest Hospital wants you to be healthy! Realizing health can sometimes be a challenge. Tahoe Forest Hospital offers a wide range of special events, classes, and programs dedicated to improving your health, fitness, and quality of life. Please call for more information and a complete listing of all we offer!

CRIBBAGE CLUB
Location: Veterans Building
FEES: $12 drop-in
Come play this popular game! Boards and cards provided! DAYS: Wednesdays
TIME: 6:30-9:30 pm

WEB EXTRAS
• Resources and Referrals
• Health & Wellness Seminars
• Fun Activities and Socialization
• Monthly Blood Pressure Clinic
• Library Assistance
• Daily Wellness Checks. Our delivery volunteer drivers bring a hot meal, some conversation and a daily health check to home-bound seniors.

SIERRA SENIOR SERVICES
Location: 10040 Estates Drive, Truckee, CA 96161
Contact: (530) 550-7600 • info@sierraseniors.org
Sierra Senior Services feeds and supports seniors in the North Lake Tahoe and Truckee Communities
• Daily Wellness Checks. Our delivery volunteer drivers bring a hot meal, some conversation and a daily health check to home-bound seniors.
• Safety Net Checks. To be sure people are okay and safe in their homes.
• Library Assistance
• Monthly Blood Pressure Clinic
• Fun Activities and Socialization
• Health & Wellness Seminars
• Resources and Referrals

PANCAKE BREAKFAST FUNDRAISERS
1st Sunday each month
LOCATION: 10040 Estates Drive
TIME: 8-11:30 am
FEES: Adult $7, Under 12 $3, Seniors $4
Come for a full pancake breakfast with eggs, bacon & sausage, pancakes, coffee, tea or juice. Support the Senior Meals on Wheels Program.

YOUTH GROUP CONTACTS:
TDRPD Youth Sports Hotline: 530-550-4419
Boy Scouts: www.BSAtroop267.org
Cub Scouts: www.truckee-scouting.org
Girl Scouts: www.truckee-scouting.org
Little League: www.truckeelittleleague.com
AYSO soccer: www.truckeeayso.org
Truckee Tahoe Swim Team: www.truckeeswim.com
Girls on the Run: www.girlsontherunsierras.org
Sierra Nevada Water Polo: www.snwaterpolo.com
Jr. Horsemen: truckeedonnerjuniors@yahoo.com
Barcelona Soccer Club: www.barcelonanorcal.org
Youth Football: www.truckeefootballandcheer.com

COMMUNITY CONNECT
Voted the #1 choice for physical therapy!!!

We are contracted with the following insurances: AARP / BLUE CROSS / BLUE SHIELD / BRMS / CIGNA / HEALTHNET / HOMETOWN HEALTH / HUMANA / I.A.C. / MEDICARE / PROMINENCE / SUTTER HEALTH / STATE COMP FUND / TRICARE / UNITED HEALTH CARE / UMR / VETERAN’S CHOICE PROGRAM / PLUS MORE!

Orthopedic Programs / Neurological Rehabilitation / Women’s Health / Sports Programs / Balance Disorders – Vestibular Therapy / Independent Exercise Program / Pre- Natal and Post-Partum Therapy

11053 Donner Pass Rd., Truckee, CA 96161
Ph: (530) 587-4790 Fax: (530) 587-4815
WWW.TRUCKEE PHYSICAL THERAPY.COM

Follow us on Twitter for weekly updates: @TRUCKEE_PT
YELP / FACEBOOK / TWITTER
11th annual
Big Truck Day
Free Event

Saturday, October 19
11 AM-2 PM
Bring your child, of any age, by the new Town Corporation yard (beside the new Forest Service building on Stockrest Springs Rd.) for a hands-on, up-close day with heavy equipment. Let us know if you have a big truck or equipment you would like to make available for display that day. Please call 530-550-4454 for more details.

Friday, October 25
FOR CHILDREN OF ALL AGES.
Parade through downtown Truckee to the Community Arts Center then Trick-or-Treat through the Community Arts Center for candy.
IF YOU ARE A BUSINESS and WOULD LIKE TO PARTICIPATE IN HANDING OUT CANDY, PLEASE CONTACT US at 530-550-4444
Parade leaves the Truckee Train Station at 6pm sharp!

WWW.MARKTANNERCONSTRUCTION.COM
CA# 827269  |  NV# 0073557
NEW AND USED WINTER EQUIPMENT FOR THE ENTIRE FAMILY.

COME JOIN THE FUN AND LOOK FOR BARGAINS.
Local reps from ski shops and resorts will be on hand to answer your questions.

SILENT AUCTION
with Season Passes, Lift Tickets, Local Gift Cards, and More!

Proceeds from sales and silent auction at the Swap help support Truckee Youth Sports Programs such as Buddy Werner, Girls Volleyball and Youth Basketball.

Sign up to volunteer for the ski swap at the Main Office starting on Oct. 1, and you get to pre-shop the swap.

SELLING EQUIPMENT?
Any business or individual may sell equipment at the Swap. A 20% commission is charged on all merchandise sold. Equipment check-in tags will be available at the Main Office a week before the event. Please call 530-582-7720 for more info.

BEFORE THE EVENT
PUBLIC CHECK IN:
Fri. Nov. 1, 5:00pm-7:00pm
Sat. Nov. 2, 7:30am-9:00am

AFTER THE EVENT:
PUBLIC EQUIP. PICK UP & PAYOUT:
Sat. Nov. 2, 5:00pm-7:00 pm
Sun. Nov. 3, 9:00am-11:00 am

SATURDAY
NOV. 2, 2019
11AM-4PM
$3 FOR AGES 13+
12 & UNDER FREE

COMMUNITY RECREATION CENTER
10981 TRUCKEE WAY